



DEPARTMENT OF THE NAVY
BOARD FOR CORRECTION OF NAVAL RECORDS
701 S. COURTHOUSE ROAD, SUITE 1001
ARLINGTON, VA 22204-2490

█
Docket No. 4095-20
Ref: Signature Date

Dear █

This is in reference to your application for correction of your naval record pursuant to Title 10, United States Code, Section 1552. After careful and conscientious consideration of relevant portions of your naval record and your application, the Board for Correction of Naval Records (Board) found the evidence submitted was insufficient to establish the existence of probable material error or injustice. Consequently, your application has been denied.

A three-member panel of the Board, sitting in executive session, considered your application on 10 December 2020. The names and votes of the members of the panel will be furnished upon request. Your allegations of error and injustice were reviewed in accordance with administrative regulations and procedures applicable to the proceedings of this Board. Documentary material considered by the Board consisted of your application, together with all material submitted in support thereof, relevant portions of your naval record and applicable statutes, regulations and policies. In addition, the Board considered the advisory opinions contained in Psychiatric Advisor CORB letter 1910 CORB: 002 of 9 September 2020 and Director CORB letter 1910 CORB: 001 of 29 September 2020; copies of which were previously provided to you for comment.

A review of your record shows that you entered active duty with the Navy in March 2016. In April 2018, you were seen by mental health professionals on four occasions for personal life stressors, occupational problems, and suicidal ideations. You were diagnosed with an adjustment disorder and recommended for administrative separation for the convenience of the government. On 8 May 2018, you were medically cleared before being discharged for condition not a disability. Post-discharge, the Department of Veterans Affairs (VA) assigned you a disability rating of 50% for Depressive Disorder effective September 2019.

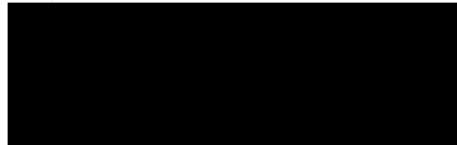
The Board carefully considered your arguments that you deserve a change to your narrative reason for separation to disability. You assert that you were misdiagnosed with an adjustment disorder based on your post-discharge VA diagnosis of Depressive Disorder. Unfortunately, the Board disagreed with your rationale for relief. In making their findings, the Board substantially concurred with the advisory opinions in your case. Specifically, the Board determined the

preponderance of the evidence supports the diagnoses issued by the Navy contemporaneously with your active duty service and prior to your discharge from the Navy. The Board agreed with the advisory opinions that your post-discharge depressive disorder diagnosis issued approximately two years after your discharge did not negate the diagnoses issued by the Navy. A review of your medical record documents that you were suffering from symptoms consistent with adjustment disorder based on your occupational issues. While the Board determined it was possible you were also symptomatic for depression, the Board concluded that your adjustment disorder symptoms existed at the time of your discharge and properly formed the basis for your administrative separation from the Navy. Accordingly, the Board found insufficient evidence of error or injustice to warrant a change to your record.

It is regretted that the circumstances of your case are such that favorable action cannot be taken. You are entitled to have the Board reconsider its decision upon submission of new matters, which will require you to complete and submit a new DD Form 149. New matters are those not previously presented to or considered by the Board. In this regard, it is important to keep in mind that a presumption of regularity attaches to all official records. Consequently, when applying for a correction of an official naval record, the burden is on the applicant to demonstrate the existence of probable material error or injustice.

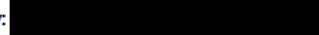
Sincerely,

12/14/2020

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Deputy Director

Signed by:

A black rectangular redaction box covering the name of the Deputy Director.