1. Applicant's Name:

a. Application Date: 26 April 2021

b. Date Received: 26 April 2021

c. Counsel: None

### 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

**a. Applicant's Requests and Issues:** The current characterization of service for the period under review is general (under honorable conditions). The applicant requests an upgrade to honorable.

The applicant seeks relief, contending, in effect, their discharge was inequitable due to untreated mental health conditions, including Post-Traumatic Stress Disorder (PTSD) and anxiety, which were diagnosed after separation. They assert experiencing severe mental instability, suicidal tendencies, and sleep disturbances following deployment to Afghanistan. Lacking awareness of available medical and mental health support, they sought discharge through misconduct, as advised by leadership. They acknowledge poor decision-making but state their actions were influenced by untreated mental health conditions. After separation, they faced ongoing difficulties, including unstable living conditions and legal issues, before receiving proper treatment through the Veterans Administration. Medication adjustments significantly improved their well-being. They assert they would have been discharged under medical conditions rather than misconduct with appropriate medical intervention during service. They request an upgrade to their discharge to reflect their service and to access benefits, particularly the GI Bill, to improve their future through education.

**b. Board Type and Decision:** In a records review conducted on 8 April 2025, and by a 4-1 vote, the Board determined the discharge is inequitable based on the applicant's Post Traumatic Stress Disorder outweighing the separating offenses of illegal substance abuse, AWOL, and Disrespect Toward an NCO. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed the separation authority to AR 635-200, paragraph 14-12a. Accordingly, the narrative reason for separation changed to Misconduct (Minor Infractions) with a corresponding separation code of JKN and reentry code of RE-3.

Please see **Board Discussion and Determination** section for more details regarding the Board's decision. Board member names are available upon request.

#### 3. DISCHARGE DETAILS:

- a. Reason / Authority / Codes / Characterization: Misconduct (Drug Abuse) / AR 635-200, Chapter 14-12c (2) / JKK / RE-4 / General (Under Honorable Conditions)
  - **b. Date of Discharge:** 30 August 2011
  - c. Separation Facts:
    - (1) Date of Notification of Intent to Separate: 9 August 2011
- (2) Basis for Separation: The applicant was informed of the following reasons: Between on or about 3 April and on or about 3 May 2011, the applicant wrongfully used marijuana. Between on or about 3 April 2011, and on or about 3 May 2011, the applicant wrongfully used marijuana. On

or about 20 July 2011, the applicant was absent from their place of duty until 22 July 2011. On or about 22 July 2011, the applicant behaved with disrespect toward their superior by slamming their barracks room door in their face as they spoke to them.

- (3) Recommended Characterization: General (Under Honorable Conditions)
- (4) Legal Consultation Date: On 9 August 2011, the applicant waived legal counsel.
- (5) Administrative Separation Board: NA
- **(6) Separation Decision Date / Characterization:** 19 August 2011 / General (Under Honorable Conditions)
- 4. SERVICE DETAILS:
  - a. Date / Period of Enlistment: 20 October 2009 / 3 years, 11 weeks
  - b. Age at Enlistment / Education / GT Score: 18 / GED / 108
- **c.** Highest Grade Achieved / MOS / Total Service: E-2 / 11B1O, Infantryman / 1 year, 10 months, 11 days
  - d. Prior Service / Characterizations: None
  - e. Overseas Service / Combat Service: SWA / Afghanistan (16 May 2010 1 April 2011)
  - f. Awards and Decorations: ARCOM, NDSM, GWOTSM, ASR, OSR
  - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: Electronic Copy of DD Form 2624, 3 June 2011, reflects the applicant tested positive for THC 55 (marijuana), during an Inspection Unit (IU) urinalysis testing, conducted on 3 May 2011.

Army Substance Abuse Program (ASAP) Repeat Positive Detail Report, 3 June 2010, reflects the applicant tested positive for THC twice, 2 February 2011 and 3 May 2011.

Army Substance Abuse Program (ASAP) Enrollment form, 6 June 2011, reflects the applicant was command-referred in the ASAP.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
- (1) Applicant provided: VA Rating Decision, 23 July 2025, reflects the applicant was awarded service-connected disability of 70 percent for post traumatic stress disorder (PTSD). The applicant had a Global Assessment of Function (GA) score of 50 which indicated serious symptoms, or any serious impairment in social, occupational, or school functioning.

Third-party support letter, 14 May 2012, reflects the applicant was being treated at the VA for PTSD, Major Depressive Disorder, recurrent and Substance Abuse in early remission. The applicant was compliant with their medications.

Third-party support letter, 7 August 2012, reflects the applicant's behavior changed once they returned from leave,4 January 2011. The letter states the applicant, was wild in their actions and expressed that no one was listening to them while deployed.

(2) AMHRR Listed: Report of Mental Status Evaluation, 27 June 2011, reflects, the applicant could understand and participate in administrative proceedings; could appreciate the difference between right and wrong; and met medical retention requirements. The applicant had been screened for PTSD and mTBI. The conditions were either not present or did not meet AR 40-501 criteria for a medical evaluation board.

The ARBA's medical advisor reviewed DoD and VA medical records, including documents listed in 4j(1) and (2) above.

- **5. APPLICANT-PROVIDED EVIDENCE:** Application for the Review of Discharge; VA Rating Decision; two third-party letters; Certificate of Release or Discharge from Active Duty.
- **6. Post Service Accomplishments:** The applicant received treatment at the Veterans Administration Hospital, where they were diagnosed formally with PTSD and anxiety and, with the proper medical care, functioning normally.

### 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than

honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board) sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations) provides the basic authority for the separation of enlisted personnel.
- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- (5) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.

- **(6)** Paragraph 14-12c(2) terms abuse of illegal drugs as serious misconduct. It continues; however, by recognizing relevant facts may mitigate the nature of the offense. Therefore, a single drug abuse offense may be combined with one or more minor disciplinary infractions or incidents of other misconduct and processed for separation under paragraph 14-12a or 14-12b as appropriate.
- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKK" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, misconduct (drug abuse).
- **f.** Army Regulation 601-210, (Regular Army and Reserve Components Enlistment Program) governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1 defines reentry eligibility (RE) codes: RE-4 Applies to: Person separated from last period of service with a nonwaiverable disqualification. This includes anyone with a DA imposed bar to reenlistment in effect at time of separation or separated for any reason (except length of service retirement) with 18 or more years active Federal service. Eligibility: Ineligible for enlistment.
- **8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant contends the narrative reason for the discharge needs to be changed. The applicant was separated under the provisions of Chapter 14, paragraph 14-12c(2), AR 635-200, with a general (under honorable conditions) discharge. The narrative reason specified by Army Regulations for a discharge under this paragraph is "Misconduct (Drug Abuse)," and the separation code is "JKK." Army Regulation 635-8 (Separation Processing and Documents) governs the preparation of the DD Form 214 and dictates the entry of the narrative reason for separation, entered in block 28, and separation code, entered in block 26 of the form, will be as listed in tables 2-2 or 2-3 of AR 635-5-1 (Separation Program Designator (SPD) Codes). The regulation stipulates no deviation is authorized. There is no provision for entry of any other reason under this regulation.

The applicant contends their discharge was inequitable due to untreated mental health conditions, including Post-Traumatic Stress Disorder (PTSD) and anxiety, which were diagnosed after separation. They assert experiencing severe mental instability, suicidal tendencies, and sleep disturbances following deployment to Afghanistan. Lacking awareness of available medical and mental health support, they sought discharge through misconduct, as advised by leadership. They acknowledge poor decision-making but state their actions were influenced by untreated mental health conditions. The applicant provided two third-party letters from their family members. One letter describes the applicant's change in behavior after returning from combat. The other letter was from their VA mental health provider documenting the applicant's care and medication compliance. Both letters supported the applicant's

contention. The applicant's AMHRR includes documentation supporting an in-service diagnosis. The record shows the applicant underwent a mental status evaluation (MSE) on 27 June 2011, indicating the applicant was mentally responsible and was able to recognize right from wrong. The separation authority considered the MSE. The AMHRR does not include any indication or evidence of arbitrary or capricious actions by the command.

The applicant contends after separation, they faced ongoing difficulties, including unstable living conditions and legal issues, before receiving proper treatment through the Veterans Administration. Medication adjustments significantly improved their well-being. They assert they would have been discharged under medical conditions rather than misconduct with appropriate medical intervention during service. The applicant's request for a medical discharge does not fall within this board's purview. The applicant may apply to the Army Board for Correction of Military Records (ABCMR) using the enclosed DD Form 149 or obtained from a Veterans' Service Organization.

The applicant contends an upgrade would allow educational benefits through the GI Bill. Eligibility for veteran's benefits to include educational benefits under the Post-9/11 or Montgomery GI Bill does not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local Department of Veterans Affairs office for further assistance.

#### 9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially mitigating diagnoses/experiences: PTSD, MDD, and Adjustment Disorder.
- (2) Did the condition exist, or experience occur during military service? **Yes.** The Board's Medical Advisor found the applicant is 70 percent service connected for PTSD.
- (3) Does the condition or experience excuse or mitigate the discharge? **Yes.** The Board determined, based on the BMA's opine, that the applicant's behavioral health conditions mitigate the discharge. Given the nexus between PTSD and the use of substances to self-medicate, PTSD and avoidant behavior, and PTSD and problems with authority, the applicant's illegal substance abuse, AWOL, and Disrespect Toward an NCO offenses are mitigated.
- (4) Does the condition or experience outweigh the discharge? **Yes.** After applying liberal consideration to the evidence, including the Board Medical Advisor opine, the Board determined that the applicant's Post Traumatic Stress Disorder outweighed the separating offenses of illegal substance abuse, AWOL, and Disrespect Toward an NCO.

#### **b.** Response to Contention(s):

(1) The applicant contends their discharge was inequitable due to untreated mental health conditions, including Post-Traumatic Stress Disorder (PTSD) and anxiety, which were diagnosed after separation. The Board liberally considered this contention and determined that the applicant's Post Traumatic Stress Disorder outweighed the separating offenses of illegal substance abuse, AWOL, and Disrespect Toward an NCO.

- (2) The applicant contends after separation, they faced ongoing difficulties, including unstable living conditions and legal issues, before receiving proper treatment through the Veterans Administration. The Board considered this contention during proceedings, but ultimately did not address the contention in detail due to an upgrade being granted based on the applicant's Post Traumatic Stress Disorder outweighing the separating offenses of illegal substance abuse, AWOL, and Disrespect Toward an NCO.
- (3) The applicant contends an upgrade would allow educational benefits through the GI Bill. The Board considered this contention and determined that eligibility for Veteran's benefits, to include educational benefits under the Post-9/11 or Montgomery GI Bill, healthcare or VA loans, do not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance.
- **c.** The Board determined the discharge is inequitable based on the applicant's Post Traumatic Stress Disorder outweighing the separating offenses of illegal substance abuse, AWOL, and Disrespect Toward an NCO. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed the separation authority to AR 635-200, paragraph 14-12a. Accordingly, the narrative reason for separation changed to Misconduct (Minor Infractions) with a corresponding separation code of JKN and reentry code of RE-3.

#### **d.** Rationale for Decision:

- (1) The Board voted to change the applicant's characterization of service to Honorable because the applicant's Post Traumatic Stress Disorder outweighed the separating offenses of illegal substance abuse, AWOL, and Disrespect Toward an NCO. Thus, the prior characterization is no longer appropriate.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same pretexts. Thus, the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
  - (3) The RE code will change to RE-3.

#### 10. BOARD ACTION DIRECTED:

a. Issue a New DD-214: Yes

b. Change Characterization to: Honorable

c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: RE-3

e. Change Authority to: AR 635-200

### **Authenticating Official:**

4/9/2025

AWOL – Absent Without Leave AMHRR – Army Military Human Resource Record BCD – Bad Conduct Discharge BH - Behavioral Health CG – Company Grade Article 15 CID – Criminal Investigation Division

ELS - Entry Level Status FG – Field Grade Article 15

GD – General Discharge HS – High School HD – Honorable Discharge IADT – Initial Active Duty Training MP – Military Police

MST - Military Sexual Trauma N/A – Not applicable NCO – Noncommissioned Officer NIF – Not in File

NOS - Not Otherwise Specified

OAD – Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF – Official Military

Personnel File PTSD – Post-Traumatic Stress

Disorder RE – Re-entry SCM – Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator TBI – Traumatic Brain Injury UNC – Uncharacterized Discharge

UOTHC – Under Other Than Honorable Conditions VA – Department of Veterans

Affairs