- 1. Applicant's Name:
  - a. Application Date: 26 April 2021
  - b. Date Received: 26 April 2021
  - c. Counsel: None
- 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

**a. Applicant's Requests and Issues:** The current characterization of service for period **under** review is general (under honorable conditions). The applicant requests an upgrade to honorable.

The applicant seeks relief contending, in effect, suffering from several issues including PTSD upon arrival from deployment. The applicant contends being seen by mental health and enrolling in ASAP; however, their unit ignored the need for further testing and treatment for PTSD. The applicant states being told by the medical doctor at the time of chapter they needed further testing for PTSD which was ignored by their command. The applicant believes their unit applied double standards in treating Soldiers with DUIs, arguing the unit kept some Soldiers with two DUIs; but chaptered the applicant with only one incident. The applicant argues they should have been given the option to move to a different unit after their Article 15. The applicant states serving honorably and questions why they had to be punished with a discharge. The applicant believes their unit failed them and requests fairness and justice. The applicant states struggling with homelessness since the discharge.

**b.** Board Type and Decision: In a records review conducted on 4 February 2025, and by a 5-0 vote, the Board denied the request upon finding the separation was both proper and equitable.

Please see Section 9 of this document for more details regarding the Board's decision. Board member names available upon request.

## 3. DISCHARGE DETAILS:

**a.** Reason / Authority / Codes / Characterization: Pattern of Misconduct / AR 635-200, Chapter 14-12b / JKA / RE-3 / General (Under Honorable Conditions)

- b. Date of Discharge: 27 September 2011
- c. Separation Facts:
  - (1) Date of Notification of Intent to Separate: 17 August 2011

(2) Basis for Separation: The applicant was informed of the following reasons: The applicant failed to be at their appointed place of duty on diverse occasions, assaulted a Soldier, and consumed alcohol while under the legal drinking age.

- (3) **Recommended Characterization:** General (Under Honorable Conditions)
- (4) Legal Consultation Date: 18 August 2011
- (5) Administrative Separation Board: NA

(6) Separation Decision Date / Characterization: 14 September 2011 / General (Under Honorable Conditions)

# 4. SERVICE DETAILS:

- a. Date / Period of Enlistment: 10 April 2010 / 5 years
- b. Age at Enlistment / Education / GT Score: 19 / GED / 97

**c.** Highest Grade Achieved / MOS / Total Service: E4 / 11B10, Infantryman / 3 years, 3 months, 29 days

d. Prior Service / Characterizations: RA, 29 May 2008 – 9 April 2010 / HD

e. Overseas Service / Combat Service: SWA / Iraq (14 December 2009 – 5 December 2010)

f. Awards and Decorations: NDSM, ICM-CS, ASR

## g. Performance Ratings: NA

**h.** Disciplinary Action(s) / Evidentiary Record: CG Article 15, 8 April 2011, for possessing an alcoholic beverage at a time when the applicant was under the age of 21 (31 March 2011). The punishment consisted of a reduction to the grade of E4; forfeiture of \$429 per month for two months; and 14 days of extra duty.

Orders 259-0028, 16 September 2011, reflect the applicant was to be reassigned to the U.S. Army Transition Point and discharged on 27 September 2011 from the Regular Army.

The applicant's DD Form 214 (Certificate of Release or Discharge from Active Duty) reflects the applicant had completed the first full term of service. The applicant was discharged under the authority of AR 635-200, paragraph 14-12b, with a narrative reason of Pattern of Misconduct. The DD Form 214 was not authenticated with the applicant's electronic signature. The applicant had no lost time.

The applicant's Enlisted Record Brief (ERB), 25 July 2011, reflects the applicant was flagged for Involuntary Separation or Discharge (Field Initiated) (BA) effective 13 July 2011 and Adverse Action (AA) effective 13 June 2011. The applicant was reduced from E-4 to E-3 effective 8 April 2011.

Army Substance Abuse Program (ASAP) Enrollment form, 8 March 2011, reflects the applicant was command referred in the ASAP.

Nine Developmental Counseling Forms for various acts of misconduct: public drunkenness, missing accountability formations (x3), being drunk on duty, drinking underage, failing to report on time to extra duty (x2), and missing psychology appointment.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
  - (1) Applicant provided: None

(2) AMHRR Listed: Report of Mental Status Evaluation (MSE), 15 June 2011, reflects the applicant was diagnosed with adjustment disorder with anxiety and was referred to a more through psychological evaluation specifically for PTSD on 20 June 2011.

The ARBA's medical advisor reviewed DoD and VA medical records and not solely those documents listed in 4j(1) and (2) above.

**5. APPLICANT-PROVIDED EVIDENCE:** Application for the Review of Discharge; self-authored statement.

6. **POST SERVICE ACCOMPLISHMENTS:** None submitted with the application.

### 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

**a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.

**b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].

(1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

(2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.

**c.** Army Regulation 15-180 (Army Discharge Review Board) sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.

**d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations) provides the basic authority for the separation of enlisted personnel.

(1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.

(2) Paragraph 3-5c, provides the reasons for separation, including the specific circumstances that form the basis for the separation, will be considered on the issue of characterization. As a general matter, characterization will be based upon a pattern of behavior other than an isolated incident. There are circumstances, however, in which the conduct or performance of duty reflected by a single incident provides the basis for characterization.

(3) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.

(4) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.

(5) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.

(6) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.

(7) Paragraph 14-12b, addresses a pattern of misconduct consisting of either discreditable involvement with civilian or military authorities or discreditable conduct and conduct prejudicial to good order and discipline including conduct violating the accepted standards of personal conduct found in the Uniform Code of Military Justice, Army Regulations, the civilian law and time-honored customs and traditions of the Army.

**e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKA" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, paragraph 12b, pattern of misconduct.

**f.** Army Regulation 601-210 (Regular Army and Reserve Components Enlistment Program) governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1 defines reentry eligibility (RE) codes: RE-3 Applies to: Person who is not considered fully qualified for reentry or continuous service at time of separation, but disqualification is waiverable. Eligibility: Ineligible unless a waiver is granted.

**8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant contends suffering from PTSD upon redeployment. The applicant believes their command had failed them when their MSE report had mentioned PTSD and the need for further testing and treatment. The applicant states they are now diagnosed with PTSD by the VA. The applicant did not submit any medical record from the VA with the application. The applicant AMHRR reflects the applicant underwent a MSE and was diagnosed with adjustment disorder with anxiety and was referred to a more through psychological evaluation specifically for PTSD on 20 June 2011. An event-oriented counseling, 27 June 2011, shows the applicant missed the appointment for the second evaluation. The AMHRR does not include any indication or evidence of arbitrary or capricious actions by the command.

The applicant contends their command should have offered them a chance for rehabilitation by moving them to a different unit. Army Regulation 635-200, paragraph 1-17d(2), entitled counseling and rehabilitative requirements, states the separation authority may waive the rehabilitative requirements in circumstances where common sense and sound judgment indicate such a transfer will serve no useful purpose or produce a quality Soldier.

The applicant contends they have served honorably, including a combat. The applicant's DD Form 214 indicates that they have served their first enlistment honorably. The Board considered the applicant's service accomplishments and the quality of service according to the DODI 1332.28.

The applicant states they have been struggling with homelessness since the discharge. Eligibility for housing support program benefits for Veterans does not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance. Moreover, all veterans at risk for homelessness or attempting to exit homelessness can request immediate assistance by calling the National Call Center for Homeless Veterans hotline at 1-877-424-3838 for free and confidential assistance.

The applicant contends being treated unfairly, stating other Soldiers with similar or more severe offense in the same unit offenses were allowed to stay in the Army. The applicant believes their command failed them and pushed them to the side. The DODI 1332.28 provides each case must be decided on the individual merits, and a case-by-case basis, considering the unique facts and circumstances of the case. Additionally, when an applicant cites a prior decision of the ADRB, another agency, or a court, the applicant shall describe the specific principles and facts contained in the prior decision and explain the relevance of the cited matter to the applicant's case. The Board is an independent body, not bound by prior decisions in its review of subsequent cases because no two cases present the same issues.

#### 9. BOARD DISCUSSION AND DETERMINATION:

**a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:

(1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially mitigating diagnoses/experiences: PTSD, MDD, Depressive Disorder, and various Adjustment Disorders subsumed by PTSD.

(2) Did the condition exist, or experience occur during military service? Yes. The Board found the applicant is 70 percent service connected for PTSD.

(3) Does the condition or experience excuse or mitigate the discharge? **Partially.** The Board determined, based on the BMA's opine, that the applicant's behavioral health conditions partially mitigate the discharge. The applicant has a history of underage drinking that preceded the deployment-related trauma, and at the time of the underage drinking offense did not have a mitigating BH condition. The underaged drinking prior to deployment is not mitigated. The applicant's post-deployment alcohol use was more likely than not exacerbated by combatrelated trauma. Given the nexus between PTSD and the use of substances, the underage drinking that occurred after deployment is mitigated. The applicant's FTR offense is also mitigated, given the nexus between PTSD and avoidant behavior. The applicant's offense of assault is not mitigated given that assault is not natural sequela of PTSD.

(4) Does the condition or experience outweigh the discharge? No. After applying liberal consideration to the evidence, including the Board Medical Advisor opine, the Board determined that the available evidence did not support a conclusion that the applicant's Post Traumatic Stress Disorder and Major Depressive Disorder outweighed the applicant's medically unmitigated offenses of pre-deployment underage drinking and assault.

**b.** Response to Contention(s):

(1) The applicant contends suffering from PTSD upon redeployment. The Board liberally considered this contention but determined that the available evidence did not support a conclusion that the applicant's Post Traumatic Stress Disorder and Major Depressive Disorder outweighed the applicant's medically unmitigated offenses of pre-deployment underage drinking and assault.

(2) The applicant contends their command should have offered them a chance to move to a different unit. The Board considered this contention but did not find that the applicant was entitled to a rehabilitative transfer given the applicant's substantial record of misconduct.

(3) The applicant states they have been struggling with homelessness since the discharge. The Board considered this contention and determined that it does not outweigh the severity of the applicant's medically unmitigated underage drinking and assault offenses.

(4) The applicant contends being treated unfairly, stating other Soldiers with similar or more severe offense in the same unit offenses were allowed to stay in the Army. The Board considered this contention and found that the applicant's medically unmitigated underage drinking and assault offenses are sufficient to warrant separation.

(5) The applicant contends good service, including a combat tour. The Board considered the applicant's three years of service, including a combat tour in Iraq, and determined that the totality of the record did not outweigh the medically unmitigated underage drinking and assault offenses.

**c.** The Board determined that the discharge is, at this time, proper and equitable, considering the current evidence of record. The applicant has exhausted all available appeal options available with ADRB. However, the applicant may still apply to the Army Board for Correction of Military Records. The applicant is responsible for satisfying the burden of proof and providing documents or other evidence sufficient to support the applicant's contention(s) that the discharge was improper or inequitable.

**d.** Rationale for Decision:

(1) The Board voted not to change the applicant's characterization of service because, despite applying liberal consideration to all evidence before the Board, the applicant's Post Traumatic Stress Disorder and Major Depressive Disorder did not outweigh the medically unmitigated offenses of underage drinking and assault. The Board also considered the applicant's contentions regarding good service and unfair treatment but found that the totality of the applicant's record does not warrant a discharge upgrade. The applicant did not present any issues of impropriety for the Board's consideration. The discharge was consistent with the procedural and substantive requirements of the regulation, was within the discretion of the separation authority, and the applicant was provided full administrative due process. Therefore, the applicant's General discharge was proper and equitable as the applicant's misconduct fell below that level of meritorious service warranted for an Honorable characterization.

(2) The Board voted not to change the applicant's reason for discharge or accompanying SPD code under the same pretexts. Therefore, reason the applicant was discharged was both proper and equitable.

(3) The RE code will not change due to the diagnosed BH conditions. The current code is consistent with the procedural and substantive requirements of the regulation.

### **10. BOARD ACTION DIRECTED:**

- a. Issue a New DD-214 / Separation Order: No
- b. Change Characterization to: No Change
- c. Change Reason / SPD Code to: No Change
- d. Change RE Code to: No Change
- e. Change Authority to: No Change

## Authenticating Official:

2/10/2025



Presiding Officer, COL, U.S. ARMY Army Discharge Review Board

Legend: AWOL – Absent Without Leave AMHRR – Army Military Human Resource Record BCD – Bad Conduct Discharge BH – Behavioral Health CG – Company Grade Article 15 CID – Criminal Investigation Division ELS – Entry Level Status FG – Field Grade Article 15

GD – General Discharge HS – High School HD – Honorable Discharge IADT – Initial Active Duty Training MP - Military Police MST – Military Sexual Trauma N/A – Not applicable NCO – Noncommissioned Officer NIF – Not in File NOS - Not Otherwise Specified

OAD – Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF – Official Military Personnel File PTSD – Post-Traumatic Stress Disorder RE – Re-entry SCM – Summary Court Martial SPCM – Special Court Martial

SPD – Separation Program Designator TBI – Traumatic Brain Injury UNC – Uncharacterized Discharge UOTHC – Under Other Than Honorable Conditions VA - Department of Veterans Affairs