1. Applicant's Name:

a. Application Date: 26 April 2021

b. Date Received: 26 April 2021

c. Counsel: None

2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

a. Applicant's Requests and Issues: The current characterization of service for the period under review is general (under honorable conditions). The applicant requests an upgrade to honorable and a change to the narrative reason for separation.

The applicant seeks relief contending, in effect, their discharge should have been processed through medical channels based on their diagnosis of PTSD. The applicant contends the charges used in their separation case were dismissed. The applicant contends the separation Mental Status Evaluation (MSE) in 2008 indicated there was no evidence of emotional or mental disorder of psychiatric significance to warrant disposition through medical channels, but they were diagnosed with PTSD in 2006. The applicant contends being diagnosed with PTSD by two civilian physicians and the VA. The applicant contends there has been a precedent in Military Review of Discharge Cases such as the applicant's, where upgrades to honorable were granted. The applicant contends their use of substances was to cope with emotional and mental stress rooted in PTSD and has since achieved sobriety. The applicant further contends a change in reason for separation for serving three combat tours and receiving awards for good service. The applicant contends current discharge has prevented them from attending school.

b. Board Type and Decision: In a records review conducted on 28 January 2025, and by a 5-0 vote, the Board determined the discharge is inequitable based on the applicant's PTSD mitigates the applicant's DUI and wrongful use of an inhalant basis for separation. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a. Accordingly, the narrative reason for separation was changed to Misconduct (Minor Infractions), with a corresponding separation code of JKN. The Board voted and determined the reentry eligibility (RE) code was proper and equitable due to applicant's BH diagnosis warranting consideration prior to reentry of military service.

Please see Section 10 of this document for more detail regarding the Board's decision.

(Board member names available upon request)

3. DISCHARGE DETAILS:

- a. Reason / Authority / Codes / Characterization: Misconduct (Serious Offense) / AR 635-200, Chapter 14-12c / JKQ / RE-3 / General (Under Honorable Conditions)
 - b. Date of Discharge: 12 June 2008
 - c. Separation Facts:
 - (1) Date of Notification of Intent to Separate: 8 May 2008
- **(2) Basis for Separation:** The applicant was informed of the following reasons: on or about 1 July 2007, wrongfully inhaled compressed air for narcotic effect. Also, on or about 3 March

2008, was arrested for driving while impaired resulting in the damage of three vehicles and a test determined the applicant's alcohol content to be .17 percent.

- (3) Recommended Characterization: General (Under Honorable Conditions)
- (4) Legal Consultation Date: NIF
- (5) Administrative Separation Board: NA
- **(6) Separation Decision Date / Characterization:** 20 May 2008 / General (Under Honorable Conditions)
- 4. SERVICE DETAILS:
 - a. Date / Period of Enlistment: 17 June 2004 / 4 years
 - b. Age at Enlistment / Education / GT Score: 17 / High School Graduate / 101
- c. Highest Grade Achieved / MOS / Total Service: E-4 / 11C1P, Indirect Fire Infantry / 3 years, 11 months, 26 days
 - d. Prior Service / Characterizations: None
- e. Overseas Service / Combat Service: SWA / Iraq (19 July 2006 20 December 2006; 4 January 2007 3 November 2007); Afghanistan (16 July 2005 1 November 2005)
- **f. Awards and Decorations:** NDSM, ACM, GWOTSM, ICM-CS, ASR, OSR, NATOMDL, PRCHTBAD
 - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: Letter of Reprimand, 7 March 2008, driving while impaired in Fayetteville, NC.

MPR 01339-2008-MPCO23 3 March 2008, for failure to decrease speed to avoid a collision. Blood alcohol level of .17 percent.

FG Article 15, 18 July 2007, for wrongfully inhaled compressed air for narcotic effect rendering themselves unfit for duty and conduct was prejudicial to good order and discipline. The punishment consisted of a reduction to E-1; forfeiture of \$651 pay per month for a month; and suspended extra duty and restriction for 45 days.

Eight Sworn Statements attesting to the applicant's behavior in regard to the applicant hoofing.

Developmental Counseling Form for enrollment into ASAP.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
- (1) Applicant provided: Report of Mental Status Evaluation, 17 March 2008, reflects the applicant was cleared for any administrative actions deemed appropriate by the command. The applicant could understand and participate in administrative proceedings; could appreciate

the difference between right and wrong; and met medical retention requirements. The applicant had been screened for and met the diagnostic criteria for PTSD. The conditions were either not present or did not meet AR 40-501 criteria for a medical evaluation board.

(2) AMHRR Listed: MSE as described in previous paragraph 4j(1).

The ARBA's medical advisor reviewed DoD and VA medical records and not solely those documents listed in 4j(1) and (2) above.

- **5. APPLICANT-PROVIDED EVIDENCE:** Application for the Review of Discharge, Report of Mental Status Evaluation, Driver Improvement Training Certificate, Certificate of Release or Discharge from Active Duty.
- **6. Post Service Accomplishments:** The applicant states achieving sobriety.
- 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):
- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health

condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board), sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations), provides the basic authority for the separation of enlisted personnel.
- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- (5) Paragraph 14-12c prescribes a Soldier is subject to action per this section for commission of a serious military or civilian offense, if the specific circumstances of the offense warrant separation and a punitive discharge is, or would be, authorized for the same or a closely related offense under the Manual for Courts-Martial.
- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty,

and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKQ" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, paragraph 12c, misconduct (serious offense).

- **f.** Army Regulation 601-210, (Regular Army and Reserve Components Enlistment Program), governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1, defines reentry eligibility (RE) codes:RE-3 Applies to: Person who is not considered fully qualified for reentry or continuous service at time of separation, but disqualification is waiverable. Eligibility: Ineligible unless a waiver is granted.
- **8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant contends their use of substances while serving was to cope with emotional and mental stress rooted in diagnosis of PTSD. Post discharge the applicant was also diagnosed with PTSD by two civilian physicians and the VA. The applicant did not submit any evidence, other than the applicant's statement, to support the contention. The AMHRR shows the applicant underwent a mental status evaluation (MSE) on 17 March 2008, which indicates the applicant was mentally responsible and recognized right from wrong. The MSE indicates a diagnosis of PTSD.

The applicant contends the narrative reason for the discharge needs changed. The applicant was separated under the provisions of Chapter 14, paragraph 14-12c, AR 635-200 with a general (under honorable conditions) discharge. The narrative reason specified by Army Regulations for a discharge under this paragraph is "Misconduct (Serious Offense)," and the separation code is "JKQ." Army Regulation 635-8 (Separation Processing and Documents), governs the preparation of the DD Form 214, and dictates the entry of the narrative reason for separation, entered in block 28 and separation code, entered in block 26 of the form, will be as listed in tables 2-2 or 2-3 of AR 635-5-1 (Separation Program Designator (SPD) Codes). The regulation stipulates no deviation is authorized. There is no provision for any other reason to be entered under this regulation.

The applicant contends the discharge should have been for medical reasons. The applicant's request for a medical discharge does not fall within this board's purview. The applicant may apply to the Army Board for Correction of Military Records (ABCMR), using the enclosed DD Form 149 regarding this matter. A DD Form 149 may also be obtained from a Veterans' Service Organization. The AMHRR does not include any indication or evidence of arbitrary or capricious actions by the command.

The applicant contends the charges used in their separation case were dismissed. The applicant did not submit any evidence, other than the applicant's statement, to support the contention.

The applicant contends there has been precedent in Military Review of Discharge Cases such as theirs. The DODI 1332.28 provides each case must be decided on the individual merits, and

a case-by-case basis, considering the unique facts and circumstances of the case. Additionally, when an applicant cites a prior decision of the ADRB, another agency, or a court, the applicant shall describe the specific principles and facts contained in the prior decision and explain the relevance of the cited matter to the applicant's case. The Board is an independent body, not bound by prior decisions in its review of subsequent cases because no two cases present the same issues.

The applicant contends good service, including three combat tours. The Board considered the applicant's service accomplishments and the quality of service according to the DODI 1332.28.

The applicant contends an upgrade would allow educational benefits through the GI Bill. Eligibility for veteran's benefits to include educational benefits under the Post-9/11 or Montgomery GI Bill does not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance.

The applicant states achieving sobriety since the discharge. The Army Discharge Review Board is authorized to consider post-service factors in the recharacterization of a discharge. No law or regulation provides for the upgrade of an unfavorable discharge based solely on the passage of time or good conduct in civilian life after leaving the service.

9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2024 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board found that, based on the Board's Medical Advisor's opine, a review of the applicant's DOD and VA health records, the applicant's statement, and/or civilian provider documentation, the applicant has the following potentially-mitigating diagnoses/experiences: PTSD, MDD, Anxiety Disorder.
- (2) Did the condition exist or experience occur during military service? **Yes.** The Board found that, based on the Board's Medical Advisor's opine, the applicant is 100 percent service connected (SC) for PTSD.
- (3) Does the condition or experience actually excuse or mitigate the discharge? **Yes.** The Board applied liberal consideration, to include consideration of the Board's Medical Advisor's opine, and found that a review of the available information reflects the applicant has a BH condition that mitigates applicant's misconduct. Given the nexus between PTSD and the use of substances to self-medicate, applicant's misconduct characterized by wrongful use of inhalant and DUI is mitigated by applicant's PTSD.
- (4) Does the condition or experience outweigh the discharge? **Yes.** After applying liberal consideration to the evidence, including the Board Medical Advisor opine, the Board determined that the applicant's PTSD outweighed the wrongful use of inhalant and DUI basis for separation.

b. Response to Contention(s):

(1) The use of substances while serving was to cope with emotional and mental stress rooted in diagnosis of PTSD. Post discharge the applicant was also diagnosed with PTSD by two civilian physicians and the VA. The Board liberally considered this contention during

proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's wrongful use of an inhalant and DUI basis for separation.

- (2) The applicant contends the discharge should have been processed through medical channels. The Board determined that the applicant's requested change to the DD Form 214 does not fall within the purview of the ADRB. The applicant may apply to the Army Board for Correction of Military Records (ABCMR), using a DD Form 149 regarding this matter. A DD Form 149 may be obtained from a Veterans' Service Organization.
- (3) The applicant contends the narrative reason should be changed. The Board determined that this contention was valid and voted to upgrade the characterization of service due to PTSD mitigating the applicant's wrongful use of an inhalant and DUI basis for separation.
- (4) The applicant contends good service. The Board recognizes and appreciates the applicant's willingness to serve and considered this contention during board proceedings along with the totality of the applicant's service record, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's wrongful use of an inhalant and DUI basis for separation.
- (5) The applicant contends the discharge has prevented them from attending school. The Board considered this contention and determined that eligibility for Veteran's benefits, to include educational benefits under the Post-9/11 or Montgomery GI Bill, healthcare or VA loans, do not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance.
- (6) The applicant contends there has been precedent in Military Review of Discharge cases such as theirs to grant an upgrade to honorable. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's wrongful use of an inhalant and DUI basis for separation.
- (7) The applicant contends the charges used in their separation case were dismissed. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's wrongful use of an inhalant and DUI basis for separation.
- (8) The applicant contends achieving sobriety post discharge. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's wrongful use of an inhalant and DUI basis for separation.
- c. The Board determined the discharge is inequitable based on the applicant's PTSD, which mitigates the applicant's DUI and wrongful use of an inhalant basis for separation. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a. Accordingly, the narrative reason for separation was changed to Misconduct (Minor Infractions), with a corresponding separation code of JKN. The Board voted and determined the reentry eligibility (RE) code was proper and equitable due to applicant's BH diagnosis warranting consideration prior to reentry of military service. The applicant has exhausted their appeal options available with ADRB. However, the applicant may still apply to the Army Board for Correction of Military Records. The applicant is responsible for satisfying the burden of proof

and providing documents or other evidence sufficient to support the applicant's contention(s) that the discharge was improper or inequitable.

d. Rationale for Decision:

- (1) The Board voted to change the applicant's characterization of service to Honorable because the applicant's PTSD mitigated the applicant's DUI and wrongful use of an inhalant misconduct. Thus, the prior characterization is no longer appropriate.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same pretexts, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
- (3) The RE code will not change due to applicant's BH diagnosis warranting consideration prior to reentry of military service.

10. BOARD ACTION DIRECTED:

a. Issue a New DD-214: Yes

b. Change Characterization to: Honorable

c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: No Change

e. Change Authority to: AR 635-200, paragraph 14-12a

Authenticating Official:

2/11/2025



AWOL - Absent Without Leave AMHRR – Army Military Human Resource Record

BCD - Bad Conduct Discharge BH - Behavioral Health CG – Company Grade Article 15

CID - Criminal Investigation Division

ELS – Entry Level Status FG - Field Grade Article 15 GD - General Discharge

HS - High School HD - Honorable Discharge

IADT – Initial Active Duty Training

MP – Military Police MST – Military Sexual Trauma N/A - Not applicable

NCO - Noncommissioned Officer NIF – Not in File

NOS - Not Otherwise Specified

OAD - Ordered to Active Duty OBH (I) - Other Behavioral

Health (Issues) OMPF – Official Military Personnel File

PTSD – Post-Traumatic Stress RE - Re-entry

SCM – Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator

TBI - Traumatic Brain Injury UNC - Uncharacterized Discharge UOTHC – Under Other Than

Honorable Conditions VA - Department of Veterans