1. Applicant's Name:

a. Application Date: 26 April 2021

b. Date Received: 26 April 2021

c. Counsel: None

2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

a. Applicant's Requests and Issues: The current characterization of service for the period under review is general (under honorable conditions). The applicant requests an upgrade to honorable.

The applicant seeks relief contending, in effect, the applicant was having issues with their weight control, and the chain of command had already made up their mind about giving them an Article 15. According to the applicant, at the time of the transgression, they were enrolled in a weight control program. The applicant claims they purchased weight-loss pills at a gas station. According to the applicant, Ivory Wave was supplied to them to add to their drinks to reduce hunger. The applicant claims they were not aware Ivory Wave, a supplement, was prohibited. The applicant states the unit should have posted information about prohibited substances as well as various laws and regulations in accordance with III Corps guidance, Additionally, the packet of Ivory Wave, which was discovered in possession of the applicant, was never tested for methlenedioxypyrovalerone (MDPV). The applicant states they experienced unfairness and continues to be tormented by the ridicule. The applicant desires to move forward with their life with a clean slate.

b. Board Type and Decision: In a records review conducted on 6 June 2024, and by a 5-0 vote, the Board determined the discharge is inequitable based on the applicant's length and quality of service, to include combat service, outweighing the basis of separation (cocaine use and possession of Ivory Wave). The applicant's behavioral health (BH) conditions (PTSD, Anxiety, and Major Depression) were also factors considered. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a. Accordingly, the narrative reason for separation was changed to Misconduct (Minor Infractions) with a corresponding separation code of JKN and reentry code of RE-3.

Please see Section 9 of this document for more details regarding the Board's decision. Board member names available upon request.

3. DISCHARGE DETAILS:

- **a.** Reason / Authority / Codes / Characterization: Misconduct (Drug Abuse) / AR 635-200, Chapter 14-12c (2) / JKK / RE-4 / General (Under Honorable Conditions)
 - **b.** Date of Discharge: 16 December 2010
 - c. Separation Facts:
 - (1) Date of Notification of Intent to Separate: 18 November 2010
- (2) Basis for Separation: Under the provisions of AR 635-200, Chapter 14-12c, Commission of a Serious Offense the applicant was informed of the following reasons: The applicant

tested positive for cocaine on 1 December 208, and was found in possession of Ivory Wave on 31 August 2010.

- (3) Recommended Characterization: General (Under Honorable Conditions)
- **(4) Legal Consultation Date:** On 24 November 2010, the applicant waived legal counsel.
 - (5) Administrative Separation Board: NA
- **(6) Separation Decision Date / Characterization:** On 30 November 2010, the separation authority approved the applicant's separation under the provisions of AR 635-200, Chapter 14-12c, Commission of a Serious Offense. / General (Under Honorable Conditions)

4. SERVICE DETAILS:

- a. Date / Period of Enlistment: 26 March 2008 / 4 years
- b. Age at Enlistment / Education / GT Score: 19 / High School Graduate / 94
- **c. Highest Grade Achieved / MOS / Total Service:** E-4 / 92A10, Automated Logistical Specialist / 2 years, 8 months, 21 days
 - d. Prior Service / Characterizations: None
 - e. Overseas Service / Combat Service: SWA / Iraq (3 January 2009 3 February 2010)
 - f. Awards and Decorations: ARCOM, NDSM, GWOTSM, ICM-CS, ASR, OSR
 - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: Electronic Copy of DD Form 2624, 11 December 2008, reflects the applicant tested positive for cocaine 4724, during an Inspection Unit (IU) urinalysis testing, conducted on 1 December 2008.

FG Article 15, 14 February 2009, the misconduct is illegible. The punishment consisted of a reduction to E-1; forfeiture of \$699 pay per month for two months (suspended); and extra duty and restriction for 45 days.

Military Police Report, 14 September 2010, reflects Wrongful possession of a prohibited substance (on post).

FG Article 15, 6 December 2010, on or about 31 August 2010, disobeyed a lawful order. On or about 31 August 2010, violate a lawful general regulation, by wrongfully possessing Ivory Wave. The punishment consisted of a reduction to E-1; forfeiture of \$723 pay per month for two months (suspended); and extra duty for 45 days.

Numerous Developmental Counseling Forms, for various act of misconduct.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):

- (1) Applicant provided: None
- (2) AMHRR Listed: Mental Status Evaluation, 3 September 2010, reflects the applicant was cleared for any administrative actions deemed appropriate by the command. The applicant was mentally responsible with a clear-thinking process and had the mental capacity to understand and participate in the proceedings. The applicant was diagnosed with a medical diagnosis.

The ARBA's medical advisor reviewed DoD and VA medical records and not solely those documents listed in 4j(1) and (2) above.

- **5. APPLICANT-PROVIDED EVIDENCE:** Online application; DD Form 214; self-authored letter; News beat article on Ivory Wave.
- **6. POST SERVICE ACCOMPLISHMENTS:** None submitted with the application.
- 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):
- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health

condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board), sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations), provides the basic authority for the separation of enlisted personnel.
- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- (5) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.
- **(6)** Paragraph 14-12c(2) terms abuse of illegal drugs as serious misconduct. It continues; however, by recognizing relevant facts may mitigate the nature of the offense. Therefore, a single drug abuse offense may be combined with one or more minor disciplinary

infractions or incidents of other misconduct and processed for separation under paragraph 14-12a or 14-12b as appropriate.

- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKK" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, misconduct (drug abuse).
- **f.** Army Regulation 601-210, (Regular Army and Reserve Components Enlistment Program), governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1, defines reentry eligibility (RE) codes: RE-4 Applies to: Person separated from last period of service with a nonwaiverable disqualification. This includes anyone with a DA imposed bar to reenlistment in effect at time of separation or separated for any reason (except length of service retirement) with 18 or more years active Federal service. Eligibility: Ineligible for enlistment.
- **8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant contends was having issues with their weight control, and the chain of command had already made up its minds about giving them an Article 15. According to the applicant, at the time of the transgression, they were enrolled in a weight control program. The applicant claims they purchased weight-loss pills at the gas station. According to the applicant, Ivory Wave was supplied to them to add to their drinks to reduce hunger. The applicant claims they were not aware Ivory Wave, a supplement, was prohibited. The applicant did not submit any evidence, other than the applicant's statement, to support the contention. The applicant's AMHRR does not contain any indication or evidence of arbitrary or capricious actions by the command.

The applicant contends not being a drug user and was never ordered to attend ASAP. The applicant experienced unfairness and continues to be tormented by the ridicule. The applicant did not submit any evidence, other than the applicant's statement, to support the contention. The AMHRR Reflects the applicant was discharged for testing positive for cocaine on 1 December 2008, and found in possession of Ivory Wave on 31 August 2010. Army Regulation 635-200, paragraph 1-17d(2), entitled counseling and rehabilitative requirements, states the separation authority may waive the rehabilitative requirements in circumstances where common sense and sound judgment indicate such a transfer will serve no useful purpose or produce a quality, Soldier. The applicant's AMHRR does not contain any indication or evidence of arbitrary or capricious actions by the command.

The applicant contends their rank should be reinstated. The applicant's requested change to the DD Form 214 does not fall within this board's purview. The applicant may apply to the Army Board for Correction of Military Records (ABCMR), using the enclosed DD Form 149 regarding this matter. A DD Form 149 may also be obtained from a Veterans' Service Organization.

The AMHRR includes a mental status evaluation (MSE), which included a medical diagnosis. The MSE was considered by the separation authority.

9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, the applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially mitigating diagnoses/experiences: Major Depression, Anxiety Disorder NOS, and PTSD.
- (2) Did the condition exist, or experience occur during military service? **Yes.** The Board's Medical Advisor found that the applicant was diagnosed in service with Major Depression, Anxiety Disorder NOS and is diagnosed and service connected by the VA for combat-related PTSD. Service connection establishes that the applicant's PTSD also existed during military service.
- (3) Does the condition or experience excuse or mitigate the discharge? **Partially.** The Board's Medical Advisor applied liberal consideration and opined that there is evidence of BH conditions that provide partial mitigation for the basis of separation. The applicant was diagnosed in service with Major Depression, Anxiety Disorder NOS and is diagnosed and service connected by the VA for combat-related PTSD. Given the nexus between PTSD, Major Depression, and self-medicating with substances, the possession of Ivory Wave is mitigated. While a positive UA for cocaine would typically be mitigated by PTSD and Major Depression, the applicant's positive UA for cocaine occurred prior to combat which is the index trauma for the PTSD. In addition, the Major Depression and Anxiety Disorder NOS were diagnosed two years after the positive UA for cocaine and there is no evidence that those conditions existed at the time of the failed UA or contributed in any way. As such, the positive UA for cocaine is not mitigated by any of the applicant's BH conditions.
- **(4)** Does the condition or experience outweigh the discharge? **No.** After applying liberal consideration to the evidence, including the Board Medical Advisor's opine, the Board determined that the available evidence did not support a conclusion that the applicant's Major Depression, Anxiety Disorder NOS, and/or PTSD outweighed the complete basis for separation.

b. Response to Contention(s):

- (1) The applicant contends the narrative reason for the discharge needs to be changed. The Board considered this contention and determined the applicant's narrative reason for discharge warrants a change based on the applicant's length and quality of service, to include combat service.
- (2) The applicant contends having issues with weight control and the chain of command had already made up its minds about giving them an Article 15. According to the applicant, at the time of the transgression, they were enrolled in a weight control program. The applicant claims they purchased weight-loss pills at the gas station. According to the applicant, Ivory Wave was supplied to them to add to their drinks to reduce hunger. The applicant claims they were not aware that Ivory Wave (a supplement) was prohibited. The Board considered this

contention during proceedings, but did not address it in detail due to an upgrade being granted based on length and quality of service, to include combat service.

- (3) The applicant contends not being a drug user and was never ordered to attend ASAP. The applicant experienced unfairness and continues to be tormented by the ridicule. The Board considered this contention and determined the applicant was not command referred to ASAP. The Board considered this contention and found no information in the evidentiary record to support arbitrary or capricious actions by the command. The Board did not address the contention further due to an upgrade being granted based on length and quality of service, to include combat service.
- (4) The applicant contends their rank should be reinstated. The Board determined that the applicant's requested change to the DD Form 214 does not fall within the purview of the ADRB. The applicant may apply to the Army Board for Correction of Military Records (ABCMR), using a DD Form 149 regarding this matter. A DD Form 149 may be obtained from a Veterans' Service Organization.
- **c.** The Board determined the discharge is inequitable based on the applicant's length and quality of service, to include combat service outweighing the basis for separation (cocaine use and possession of Ivory Wave. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a. Accordingly, the narrative reason for separation changed to Misconduct (Minor Infractions) with a corresponding separation code of JKN and reentry code of RE-3. The applicant may request a personal appearance hearing to address further issues before a Board. The applicant is responsible for satisfying the burden of proof and providing documents or other evidence sufficient to support the applicant's contention(s) that the discharge was improper or inequitable.

d. Rationale for Decision:

- (1) The Board voted to change the applicant's characterization of service to Honorable because the applicant's length and quality of service, to include combat service, was found to outweigh the remaining medically unmitigated misconduct (cocaine use). The applicant's BH conditions were also considered when reviewing the totality of the case.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same pretexts. Thus, the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
- (3) The Board voted to change the RE code to RE-3 based on the new narrative reason/SPD and BH conditions.

10. BOARD ACTION DIRECTED:

a. Issue a New DD-214: Yes

b. Change Characterization to: Honorable

c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: RE-3

e. Change Authority to: AR 635-200, paragraph 14-12a

Authenticating Official:

9/4/2024

AWOL – Absent Without Leave AMHRR – Army Military Human Resource Record

BCD - Bad Conduct Discharge BH - Behavioral Health

CG – Company Grade Article 15 CID – Criminal Investigation Division ELS – Entry Level Status

FG - Field Grade Article 15

GD - General Discharge

HS – High School
HD – Honorable Discharge
IADT – Initial Active Duty Training

MP – Military Police
MST – Military Sexual Trauma
N/A – Not applicable

NCO - Noncommissioned Officer NIF – Not in File

NOS - Not Otherwise Specified

OAD – Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF – Official Military

Personnel File PTSD – Post-Traumatic Stress Disorder

RE – Re-entry SCM – Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator TBI – Traumatic Brain Injury UNC – Uncharacterized

Discharge UOTHC – Under Other Than

Honorable Conditions VA - Department of Veterans

Affairs