1. Applicant's Name:

a. Application Date: 26 April 2021

b. Date Received: 26 April 2021

c. Counsel: None

#### 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

**a. Applicant's Requests and Issues:** The current characterization of service for the period under review is honorable. The applicant requests an upgrade to honorable.

The applicant seeks relief contending, in effect, after making many mistakes upon returning from Iraq because of the undiagnosed and untreated PTSD, the applicant has been rated as 100 percent disabled for PTSD. The applicant desires to receive benefits which will allow the ability to attend school and be proud of an honorable discharge.

**b. Board Type and Decision:** In a records review conducted on 4 April 2024, and by a 5-0 vote, the Board, based on the applicant's Post Traumatic Stress Disorder and Traumatic Brain Injury outweighing the applicant's multiple substance abuse-related offenses, determined the narrative reason for the applicant's separation is now inequitable. Therefore, the Board directed the issue of a new DD Form 214 changing the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), and the separation code to JKN. The Board determined the characterization of service was proper and equitable and voted not to change it.

Please see Section 9 of this document for more detail regarding the Board's decision.

(Board member names available upon request)

#### 3. DISCHARGE DETAILS:

- **a.** Reason / Authority / Codes / Characterization: Pattern of Misconduct / AR 635-200, Chapter 14-12b / JKA / RE-3 / Honorable
  - b. Date of Discharge: 29 September 2005
  - c. Separation Facts:
    - (1) Date of Notification of Intent to Separate: 20 September 2005
- (2) Basis for Separation: The applicant was informed of the following reasons: The applicant had been counseled on several occasions for various acts of misconduct, which included drunk driving, the applicant received a Field Grade Article 15, a GOMOR, and was command referred to ASAP, and further attempts at rehabilitation would be met with little to no success.
  - (3) Recommended Characterization: General (Under Honorable Conditions)
  - (4) Legal Consultation Date: 21 September 2005
  - (5) Administrative Separation Board: NA

(6) Separation Decision Date / Characterization: 23 September 2005 / General (Under Honorable Conditions)

#### 4. SERVICE DETAILS:

a. Date / Period of Enlistment: 1 October 2003 / 3 years

b. Age at Enlistment / Education / GT Score: 18 / GED / 107

- **c. Highest Grade Achieved / MOS / Total Service:** E-3 / 88N10, Traffic Management Coordinator / 2 years, 10 months, 3 days
  - d. Prior Service / Characterizations: USAR, 28 October 2002 18 November 2002 / NA IADT, 19 November 2002 4 April 2003 / UNC USAR, 5 April 2003 13 April 2003 / NA MOB OEF, 14 April 2003 17 May 2003 / HD USAR, 18 May 2003 30 September 2003 / HD
- e. Overseas Service / Combat Service: SWA / Iraq (15 December 2003 14 December 2004)
  - f. Awards and Decorations: NDSM, GWOTEM, GWOTSM, AFRMMD, ASR, OSR
  - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: Three Developmental Counseling Forms for reporting late to extra duty; failing to obey a lawful order; breaking restriction; and being notified of an intent for separation action.

Military Police Report, 15 July 2005, reflects the applicant was apprehended for: drunken driving (off post).

General Officer Memorandum Of Reprimand, 22 July 2005, reflects the applicant was driving under the influence of alcohol on 15 July 2005, and the subsequent breath alcohol content indicated a result of 1.51.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
- (1) Applicant provided: Progress Notes, 27 January 2006, reflect the applicant receiving treatment as an outpatient in a trauma recovery program for PTSD.

Medical Record – Progress Notes, 27 August 2014, reflect the applicant's hospitalization for PTSD.

Department of Veterans Affairs Disability Rating Decision, 30 July 2015, reflects the applicant was rated 100 percent disabled, specifically, 100 percent for PTSD.

(2) AMHRR Listed: Report of Mental Status Evaluation, 25 July 2005, reflects the applicant was cleared for any administrative actions deemed appropriate by the command. The applicant had the mental capacity to understand and participate in administrative proceedings; was mentally responsible; and met medical retention requirements. The command referred evaluation

was because of concerns involving judgment and insight and a series of unfortunate choices which included a DUI, getting married against recommendations with subsequent marital discord, financial delinquency, APFT and weight failure; poor job performance, and dishonesty about problems. The evaluation included a diagnosis of Axis II: Narcissistic Personality Traits.

The ARBA's medical advisor reviewed DoD and VA medical records and not solely those documents listed in 4j(1) and (2) above.

- **5. APPLICANT-PROVIDED EVIDENCE:** Online application; DD Form 214; two VA letters; three third-party letters; Certificate of Completion; three Medical Record (Progress Notes); two self-authored statements; Congressional letter; and college transcript.
- **6. Post Service Accomplishments:** The applicant's evidence reflects having obtained employment and completed a VA recovery program; and maintains a 4.0 GPA in college and is an an advocate for veterans in the community.

### 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual

assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board) sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10, United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations) provides the basic authority for the separation of enlisted personnel.
- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- (4) Paragraph 14-2c, prescribes Commanders will not take action prescribed in this chapter instead of disciplinary action solely to spare an individual who may have committed serious misconduct from the harsher penalties that may be imposed under the UCMJ.
- (5) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.
- **(6)** Paragraph 14-12b addresses a pattern of misconduct consisting of either discreditable involvement with civilian or military authorities or discreditable conduct and conduct prejudicial to good order and discipline including conduct violating the accepted standards of personal

conduct found in the Uniform Code of Military Justice, Army Regulations, the civilian law and time-honored customs and traditions of the Army.

- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKA" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, paragraph 12b, pattern of misconduct.
- **f.** Army Regulation 601-210 (Regular Army and Reserve Components Enlistment Program) governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1 defines reentry eligibility (RE) codes: RE-3 Applies to: Person who is not considered fully qualified for reentry or continuous service at time of separation, but disqualification is waiverable. Eligibility: Ineligible unless a waiver is granted.
- **8. SUMMARY OF FACT(s):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant contends an undiagnosed and untreated PTSD led to many issues and the current discharge. The applicant provided a VA rating of 100 percent disability for PTSD and several medical documents indicating diagnosis and treatment for PTSD. The AMHRR shows the applicant underwent a mental status evaluation (MSE) on 25 July 2005, which indicates the applicant was mentally responsible and recognized right from wrong. The MSE included a diagnosis of Axis II: Narcissistic Personality Traits, and the evaluation considered by the separation authority.

The applicant contends an upgrade would allow educational benefits to attend school. Eligibility for veterans' benefits to include educational benefits under the Post-9/11 or Montgomery GI Bill does not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance.

The applicant contends obtaining employment, maintaining a 4.0 GPA, and volunteering in the community as an advocate for the veterans. The Army Discharge Review Board is authorized to consider post-service factors in the recharacterization of a discharge. No law or regulation provides for the upgrade of an unfavorable discharge based solely on the passage of time or good conduct in civilian life after leaving the service. The Board reviews each discharge on a case-by-case basis to determine if post-service accomplishments help demonstrate previous inservice misconduct was an aberration and not indicative of the member's overall character.

The third-party statements provided with the application reflect recognizing the applicant as a model student and displaying unmatched integrity and the drive to succeed and give back to the community.

### 9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially mitigating diagnoses/experiences: PTSD, TBI.
- (2) Did the condition exist or experience occur during military service? **Yes.** The Board's Medical Advisor found that the applicant is diagnosed, and service connected by the VA for PTSD and TBI. Service connection establishes that the applicant's PTSD and TBI existed during military service.
- (3) Does the condition or experience actually excuse or mitigate the discharge? Yes. The Board's Medical Advisor applied liberal consideration and opined that the applicant is diagnosed and service connected by the VA for PTSD and TBI. PTSD and TBI have a nexus with self-medicating with substances, so the applicant's DUI is mitigated by these conditions. There is also a nexus between PTSD, avoidance, and difficulty with authority, so FTRs, failing to obey a lawful order, and breaking restriction are also mitigated.
- (4) Does the condition or experience outweigh the discharge? **Yes.** After applying liberal consideration to the evidence, including the Board Medical Advisor opine, the Board determined that the applicant's Post Traumatic Stress Disorder and Traumatic Brain Injury outweighed the applicant's multiple substance abuse-related offenses.

### **b.** Response to Contention(s):

- (1) The applicant contends an undiagnosed and untreated PTSD led to many issues and the current discharge. The Board liberally considered this contention and determined that the applicant's Post Traumatic Stress Disorder and Traumatic Brain Injury outweighed the applicant's substance abuse-related offenses. Therefore, a change to the applicant's narrative reason for separation is warranted.
- (2) The applicant contends an upgrade would allow educational benefits to attend school. The Board considered this contention and determined that eligibility for Veteran's benefits, to include educational benefits under the Post-9/11 or Montgomery GI Bill, healthcare or VA loans, do not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance.
- (3) The applicant contends obtaining employment, maintaining a 4.0 GPA, and volunteering in the community as an advocate for the veterans. The Board is glad to hear of the applicant's post-service work and accomplishments, but did not address this contention during proceedings after determining that the applicant's misconduct was medically mitigated.
- **c.** The Board, based on the applicant's Post Traumatic Stress Disorder and Traumatic Brain Injury outweighing the applicant's multiple substance abuse-related offenses, determined the narrative reason for the applicant's separation is now inequitable. Therefore, the Board directed the issue of a new DD Form 214 changing the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), and the separation code to JKN. The Board determined the characterization of service was proper and equitable and voted not to change it.

#### d. Rationale for Decision:

- (1) The Board determined the characterization of service is proper and equitable as a prior ADRB has upgraded the discharge to Honorable.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) due to the medical mitigation of the applicant's misconduct, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
- (3) The RE code will not change, as the current code is consistent with the procedural and substantive requirements of the regulation.

#### 10. BOARD ACTION DIRECTED:

a. Issue a New DD-214: Yes

b. Change Characterization to: No Change

c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: No Change

e. Change Authority to: AR 635-200

### **Authenticating Official:**

4/15/2024 AWOL - Absent Without Leave

AMHRR - Army Military Human Resource Record BCD - Bad Conduct Discharge BH - Behavioral Health CG - Company Grade Article 15 CID - Criminal Investigation

Division ELS – Entry Level Status FG - Field Grade Article 15 GD - General Discharge

HS - High School

HD - Honorable Discharge IADT - Initial Active Duty Training

MP - Military Police MST - Military Sexual Trauma N/A - Not applicable

NCO - Noncommissioned Officer NIF – Not in File

NOS - Not Otherwise Specified

OAD - Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues)

OMPF – Official Military Personnel File

PTSD - Post-Traumatic Stress Disorder RE - Re-entry

SCM – Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator Designator

TBI – Traumatic Brain Injury UNC – Uncharacterized Discharge

UOTHC - Under Other Than Honorable Conditions VA - Department of Veterans Affairs