1. Applicant's Name:

a. Application Date: 26 April 2021

b. Date Received: 26 April 2021

c. Counsel: None

#### 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

**a. Applicant's Requests and Issues:** The current characterization of service for the period under review is general (under honorable conditions). The applicant requests an upgrade to honorable.

The applicant seeks relief contending, in effect, suffering from post-traumatic stress disorder (PTSD), long before the deployment to Afghanistan. After the applicant's redeployment to Fort Richardson, suffering from PTSD, and the applicant's divorce, the applicant broke down because of the lack of help with the applicant's mental health. The applicant self-medicated with illegal drugs to help get through the days.

**b. Board Type and Decision:** In a records review conducted on 18 January 2024, and by a 5-0 vote, the Board determined the discharge is inequitable based on the applicant's PTSD outweighing the applicant's wrongful marijuana use basis for separation. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN, and the reentry code to RE-3.

Please see Section 9 of this document for more detail regarding the Board's decision.

(Board member names available upon request)

#### 3. DISCHARGE DETAILS:

- a. Reason / Authority / Codes / Characterization: Misconduct (Drug Abuse) / AR 635-200, Paragraph 14-12c (2) / JKK / RE-4 / General (Under Honorable Conditions)
  - b. Date of Discharge: 9 July 2010
  - c. Separation Facts:
    - (1) Date of Notification of Intent to Separate: 3 June 2010
- (2) Basis for Separation: The applicant was informed of the following reasons: The applicant's repeated use of marijuana.
  - (3) Recommended Characterization: General (Under Honorable Conditions)
  - (4) Legal Consultation Date: 14 June 2010
  - (5) Administrative Separation Board: NA
- **(6) Separation Decision Date / Characterization:** 24 June 2010 / General (Under Honorable Conditions)

### 4. SERVICE DETAILS:

- a. Date / Period of Enlistment: 18 January 2007 / 3 years, 16 weeks / The applicant extended the most recent enlistment by a period of 2 months on 4 January 2019, giving the applicant a new ETS of: 9 July 2010
  - b. Age at Enlistment / Education / GT Score: 18 / GED / 110
- **c. Highest Grade Achieved / MOS / Total Service:** E-3 / 11B1P, Infantryman / 3 years, 5 months, 21 days
  - d. Prior Service / Characterizations: None
- e. Overseas Service / Combat Service: Alaska, SWA / Afghanistan (10 March 2009 25 January 2010); Iraq (16 August 2007 17 November 2007)
- **f. Awards and Decorations:** ACM-CS, ARCOM, NDSM, GWOTSM, ICM-CS, ASR, OSR-2, NATOMDL, CIB
  - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: Electronic Copy of DD Form 2624, 6 May 2010, reflects the applicant tested positive for THC 36 (marijuana), during an Inspection Random (IR) urinalysis testing, conducted on 28 April 2010.

Field Grade Article 15, 4 June 2010, for wrongfully using marijuana (between 6 March and 6 May 2010). The punishment consisted of a reduction to E-1; forfeiture of \$723 pay; and extra duty and restriction for 45 days.

The applicant's rebuttal statement to the separation proceedings,14 June 2010, reflects the applicant requested for the separation authority to allow the applicant to meet the applicant's expiration term of service of 9 July 2010, instead of chaptering the applicant out of the service.

Commander's Report, 24 June 2010, reflects the applicant received a two prior Article 15s.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
- (1) Applicant provided: Report of Behavioral Health Evaluation (BHE), 19 May 2010, reflects the applicant was cleared for any administrative actions deemed appropriate by the command. The applicant could understand and participate in administrative proceedings; was mentally responsible; and met medical retention requirements. The applicant was screened for PTSD and mild traumatic brain injury (mTBI), and the screening instruments did not suggest the presence of PTSD or TBI symptoms. The applicant was diagnosed with: Marijuana Abuse.

Report of Medical History, 25 May 2010, the examining medical physician noted in the comments section: Behavioral Health for anger management; marriage counseling; Army Substance Abuse Program, no current appointments.

Department of Veterans Affairs (VA) Medical Center (VAMC) medical records from 15 September 2011 to 14 July 2016, reflecting the applicant was diagnosed with PTSD; polysubstance abuse; anxiety; and depression.

- **(2) AMHRR Listed:** BHE and the Report of Medical History as described in previous paragraph 4i(1).
- **5. APPLICANT-PROVIDED EVIDENCE:** DD Form 149; military service record, including separation packet; Florida Department of Education letter; VA medical records; West Palm Beach VAMC letter; Army Review Boards Agency, three Case Management Division letters; Office of the Surgeon General letter.
- **6. Post Service Accomplishments:** The applicant is attending college and receiving treatment for PTSD.

#### 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health

condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board), sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations), provides the basic authority for the separation of enlisted personnel.
- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- (5) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.
- **(6)** Paragraph 14-12c(2) terms abuse of illegal drugs as serious misconduct. It continues; however, by recognizing relevant facts may mitigate the nature of the offense. Therefore, a single drug abuse offense may be combined with one or more minor disciplinary

infractions or incidents of other misconduct and processed for separation under paragraph 14-12a or 14-12b as appropriate.

- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKK" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, misconduct (drug abuse).
- **f.** Army Regulation 601-210, (Regular Army and Reserve Components Enlistment Program), governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1, defines reentry eligibility (RE) codes. RE-4 Applies to: Person separated from last period of service with a nonwaiverable disqualification. This includes anyone with a DA imposed bar to reenlistment in effect at time of separation or separated for any reason (except length of service retirement) with 18 or more years active Federal service. Eligibility: Ineligible for enlistment.
- **8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable.

The applicant contends PTSD and family issues affected behavior, which led to the discharge. The applicant provided medical documents reflecting the applicant was diagnosed with PTSD; polysubstance abuse, including marijuana; anxiety; and depression. The applicant's AMHRR contains a Report of Medical History, which shows Behavioral Health saw the applicant for anger management; the applicant received marriage counseling; and was enrolled in ASAP. The record reflects the applicant underwent a behavioral health evaluation (BHE) on 19 May 2010, which indicates the applicant was cleared for administrative actions and mentally responsible. The applicant was diagnosed with marijuana abuse. The BHE and Report of Medical History were considered by the separation authority.

The applicant contends the command did not help the applicant with the mental health issues. The applicant's AMHRR does not contain any indication or evidence of arbitrary or capricious actions by the command.

The applicant contends attending college and receiving treatment for PTSD. The Army Discharge Review Board is authorized to consider post-service factors in the recharacterization of a discharge. No law or regulation provides for the upgrade of an unfavorable discharge based solely on the passage of time or good conduct in civilian life after leaving the service. The Board reviews each discharge on a case-by-case basis to determine if post-service accomplishments help demonstrate previous in-service misconduct was an aberration and not indicative of the member's overall character.

#### 9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially-mitigating diagnoses/experiences: Adjustment Disorder, Acute Reaction to Stress, PTSD.
- (2) Did the condition exist or experience occur during military service? **Yes.** The Board's Medical Advisor found that the applicant was diagnosed in service with an Adjustment Disorder and Acute Reaction to Stress. One year post-service, the VA diagnosed the applicant with combat-related PTSD, and there is evidence in the active duty medical record that the applicant's PTSD existed during military service.
- (3) Does the condition or experience actually excuse or mitigate the discharge? Yes. The Board's Medical Advisor applied liberal consideration and opined that there is evidence of BH conditions that mitigate the basis of separation. The applicant was diagnosed in service with an Adjustment Disorder and Acute Reaction to Stress. One year post-service, the VA diagnosed the applicant with combat-related PTSD, Depression, and Anxiety. While the applicant was diagnosed post-service with PTSD, there is evidence in the active duty medical record that the applicant's PTSD existed during military service. Given the nexus between PTSD and self-medicating with substances, the marijuana use that led to the applicant's separation is mitigated. There is no evidence that the applicant's post-service diagnoses of Depression and Anxiety existed during military service, but this is inconsequential for the applicant's case given the full mitigation for PTSD.
- (4) Does the condition or experience outweigh the discharge? **Yes.** After applying liberal consideration to the evidence, including the Board Medical Advisor opine, the Board determined that the applicant's PTSD outweighed the marijuana use basis for separation.
  - **b.** Response to Contention(s):
- (1) The applicant contends PTSD and family issues affected behavior, which led to the discharge. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's marijuana use basis for separation.
- (2) The applicant contends the command did not help the applicant with the mental health issues. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's marijuana use basis for separation.
- (3) The applicant contends attending college and receiving treatment for PTSD. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's marijuana use basis for separation.
- **c.** The Board determined the discharge is inequitable based on the applicant's PTSD outweighing the applicant's wrongful marijuana use basis for separation. Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN,

and the reentry code to RE-3. However, the applicant may request a personal appearance hearing to address further issues before the Board. The applicant is responsible for satisfying the burden of proof and providing documents or other evidence sufficient to support the applicant's contention(s) that the discharge was improper or inequitable.

#### d. Rationale for Decision:

- (1) The Board voted to change the applicant's characterization of service to Honorable because the applicant's PTSD mitigated the applicant's misconduct of marijuana use. Thus, the prior characterization is no longer appropriate.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor) Infractions) under the same pretexts, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
  - (3) The Board voted to change the RE code to RE-3.

#### 10. BOARD ACTION DIRECTED:

- a. Issue a New DD-214: Yes
- b. Change Characterization to: Honorable
- c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN
- d. Change RE Code to: RE-3
- e. Change Authority to: AR 635-200, paragraph 14-12a

### **Authenticating Official:**

4/30/2024



AMHRR – Army Military Human Resource Record BCD - Bad Conduct Discharge BH - Behavioral Health CG – Company Grade Article 15

AWOL - Absent Without Leave

CID - Criminal Investigation Division

ELS - Entry Level Status FG - Field Grade Article 15 GD - General Discharge

HS - High School

HD - Honorable Discharge IADT - Initial Active Duty Training

MP - Military Police MST – Military Sexual Trauma

N/A - Not applicable NCO - Noncommissioned Officer

NIF - Not in File

NOS - Not Otherwise Specified

OAD - Ordered to Active Duty OBH (I) - Other Behavioral

Health (Issues) OMPF – Official Military Personnel File

PTSD – Post-Traumatic Stress RF - Re-entry

SCM - Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator

TBI - Traumatic Brain Injury UNC – Uncharacterized

Discharge UOTHC – Under Other Than Honorable Conditions VA - Department of Veterans