1. Applicant's Name:

a. Application Date: 26 April 2021

b. Date Received: 26 April 2021

c. Counsel:

2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

a. Applicant's Requests and Issues: The current characterization of service for the period under review is general (under honorable conditions). The applicant requests an upgrade to honorable.

The applicant seeks relief contending, in effect, would like an upgrade in discharge for employment purposes. The applicant contends the discharge was based on a single incident of misconduct. Following deployment, the applicant struggled with sleep, anxiety, and depression, which the applicant believes led to bad choices. The applicant had proudly served the country and hoped to make it a career. The applicant states to have been an excellent Soldier on the fast track through the ranks until a bad lapse in judgment. The applicant believes PTSD was a major factor in the choices made and has felt deep guilt and regret ever since. The applicant is receiving proper help for PTSD and understands the mistake made. The applicant strives to volunteer as much as possible to restore the pride of serving the country back. The applicant believes if discharge is upgraded, it would be a tremendous help in coping with the PTSD issues.

b. Board Type and Decision: In a records review conducted on 7 September 2023, and by a 5-0 vote, the Board determined the discharge is inequitable based on the applicant's PTSD and Depression outweighing the applicant's wrongful use of illegal drugs; therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN, and the reentry code to RE-3.

Please see Section 9 of this document for more detail regarding the Board's decision.

(Board member names available upon request)

3. DISCHARGE DETAILS:

- a. Reason / Authority / Codes / Characterization: Misconduct (Drug Abuse) / AR 635-200, Chapter 14-12c (2) / JKK / RE-4 / General (Under Honorable Conditions)
 - b. Date of Discharge: 19 June 2013
- **c. Separation Facts:** The applicant's Army Military Human Resource Record (AMHRR) is void of the case separation file.
 - (1) Date of Notification of Intent to Separate: NIF

- (2) Basis for Separation: NIF
- (3) Recommended Characterization: NIF
- (4) Legal Consultation Date: NIF
- (5) Administrative Separation Board: NA
- **(6) Separation Decision Date / Characterization:** 31 May 2013 / General (Under Honorable Conditions)

4. SERVICE DETAILS:

- a. Date / Period of Enlistment: 1 March 2010 / 3 years, 17 weeks
- b. Age at Enlistment / Education / GT Score: 18 / High School Graduate / NIF
- **c. Highest Grade Achieved / MOS / Total Service:** E-4 / 19K10, K4, M1 Armor Crewman / 3 years, 3 months, 19 days
 - d. Prior Service / Characterizations: None
- e. Overseas Service / Combat Service: SWA / Iraq (28 January 2011 17 December 2011)
 - f. Awards and Decorations: ARCOM, AGCM, NDSM, GWOTSM, ICM-CS, ASR, OSR
 - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: The applicant's DD Form 214, reflects the applicant had not completed the first full term of service. The applicant was discharged under the authority of AR 635-200, paragraph 14-12c (2), with a narrative reason of Misconduct (Drug Abuse). The DD Form 214 was authenticated with the applicant's electronic signature.

Orders 157-0101, 6 June 2013, reflect the applicant was to be reassigned to the U.S. Army Transition Point and discharged on 19 June 2013, from the Regular Army.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
- (1) Applicant provided: A Medical Discharge Summary, 24 May 2013, reflects diagnoses of Opioid Abuse, Depression, and PTSD.

Department of Veterans Affairs Benefits Letter, 3 September 2015, reflect an evaluation of 100 percent for PTSD; Depressive Disorder, and Opiate Disorder.

- (2) AMHRR Listed: None
- **5. APPLICANT-PROVIDED EVIDENCE:** Three DD Forms 214; two DD Forms 293; seven Letters of Support; Medical Discharge Summary; Department of Veterans Affairs Benefits Letter and DA Form 638 and a list of medications.

6. Post Service Accomplishments: The applicant is getting proper help for PTSD and understands the mistake made, and the evidence provided reflects the applicant's employment with the Action King Enterprises, Inc.

7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.
- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as

causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.

- **c.** Army Regulation 15-180 (Army Discharge Review Board) sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 provides the basic authority for the separation of enlisted personnel.
- **(1)** Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- (5) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.
- (6) Paragraph 14-12c (2) terms abuse of illegal drugs as serious misconduct. It continues; however, by recognizing relevant facts may mitigate the nature of the offense. Therefore, a single drug abuse offense may be combined with one or more minor disciplinary infractions or incidents of other misconduct and processed for separation under paragraph 14-12a or 14-12b as appropriate.
- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes) provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKK" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, Misconduct (Drug Abuse).
- **f.** Army Regulation 601-210, Regular Army and Reserve Components Enlistment Program, governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and Army National Guard for enlistment per DODI

1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1 defines reentry eligibility (RE) codes: RE-4 Applies to: Person separated from last period of service with a nonwaiverable disqualification. This includes anyone with a DA imposed bar to reenlistment in effect at time of separation or separated for any reason (except length of service retirement) with 18 or more years of active Federal service. Eligibility: Ineligible for enlistment.

8. SUMMARY OF FACT(S): The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable.

The applicant's Army Military Human Resources Record (AMHRR) is void of the specific facts and circumstances concerning the events which led to the discharge from the Army. The applicant's AMHRR does contain a properly constituted DD Form 214 (Certificate of Release or Discharge from Active Duty), which was authenticated by the applicant's electronic signature. The applicant's DD Form 214 indicates the applicant was discharged under the provisions of AR 635-200, Chapter 14, paragraph 14-12c (2), by reason of Misconduct (Drug Abuse), with a characterization of service of general (under honorable conditions).

The applicant contends having PTSD. After deployment, the applicant struggled with sleep, anxiety, and depression, which the applicant believes led to bad choices. The applicant provided a Medical Discharge Summary 24 May 2013, reflect a diagnosis of Opioid Abuse, Depression and PTSD. Also, a Department of Veterans Affairs Benefits Letter, 3 September 2015, reflect an evaluation of 100 percent for PTSD; Depressive Disorder and Opiate Disorder. The AMHRR is void of a mental status report.

The applicant contends the event which led to the elimination discharge from the Army was an isolated incident. Army Regulation 635-200, paragraph 3-5c states there are circumstances in which the conduct or performance of duty reflected by a single incident provides the basis for a characterization.

The applicant contends an upgrade of the discharge will allow the applicant to obtain better employment. The Board does not grant relief to gain employment or enhance employment opportunities.

The applicant contends good service, including a combat tour.

The third-party statements provided with the application speak highly of the applicant and recognize the applicant's good conduct after leaving the Army.

The applicant contends obtaining employment and volunteering in the community. The Army Discharge Review Board is authorized to consider post-service factors in the recharacterization of a discharge. No law or regulation provides for the upgrade of an unfavorable discharge based solely on the passage of time or good conduct in civilian life after leaving the service. The Board reviews each discharge on a case-by-case basis to determine if post-service accomplishments help demonstrate previous in-service misconduct was an aberration and not indicative of the member's overall character.

9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially mitigating diagnoses/experiences: Adjustment Disorder, Depression, Anxiety, and PTSD.
- (2) Did the condition exist or experience occur during military service? **Yes.** The Board's Medical Advisor found that the applicant was diagnosed in service with an Adjustment Disorder, Depression, Anxiety, and PTSD. The VA has also service connected the applicant's PTSD.
- (3) Does the condition or experience actually excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor applied liberal consideration and opined that, given the nexus between PTSD, Depression, and self-medicating with substances, the applicant's PTSD and Depression likely contributed to the drug use that led to separation. The applicant's diagnoses of an Adjustment Disorder and Anxiety are subsumed under the PTSD diagnosis and are inconsequential given the full mitigation based on PTSD/Depression.
- (4) Does the condition or experience outweigh the discharge? Yes. Based on liberally considering all the evidence before the Board, the ADRB determined that the applicant's PTSD and Depression outweighed the applicant's medically mitigated wrongful drug use.

b. Response to Contentions:

- (1) The applicant contends having PTSD. After deployment, the applicant struggled with sleep, anxiety, and depression, which the applicant believes led to bad choices. The Board considered this contention during proceedings and determined the applicant's PTSD and Depression outweighed the applicant's medically mitigated offense wrongful drug use.
- (2) The applicant contends the event which led to the elimination discharge from the Army was an isolated incident. The Board considered this contention during proceedings, but ultimately did not address as the Board determined the applicant's PTSD and Depression outweighed the applicant's medically mitigated offense wrongful drug use.
- (3) The applicant contends an upgrade of the discharge will allow the applicant to obtain better employment. The Board considered this contention but does not grant relief to gain employment or enhance employment opportunities.
- (4) The applicant contends good service, including a combat tour. The Board considered this contention, but ultimately did not address as the Board determined the applicant's PTSD and Depression outweighed the applicant's medically mitigated offense wrongful drug use.
- (5) The applicant contends obtaining employment and volunteering in the community. The Board considered this contention, but ultimately did not address as the Board determined the applicant's PTSD and Depression outweighed the applicant's medically mitigated offense wrongful drug use.

c. The Board determined the discharge is inequitable and voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed to the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN, and the reentry code to RE-3. However, the applicant may request a personal appearance hearing to address further issues before the Board. The applicant is responsible for satisfying the burden of proof and providing documents or other evidence sufficient to support the applicant's contention(s) that the discharge was improper or inequitable.

d. Rationale for Decision:

- (1) The Board voted to change the applicant's characterization of service based on the applicant's PTSD and Depression outweighed the applicant's medically mitigated offense wrongful drug use; therefore, the Board voted to upgrade the characterization of discharge to Honorable.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same pretexts, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
 - (3) The Board voted to change the RE code to RE-3.

10. BOARD ACTION DIRECTED:

a. Issue a New DD-214: Yes

b. Change Characterization to: Honorable

c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: RE-3

e. Change Authority to: AR 635-200, paragraph 14-12a

Authenticating Official:



AWOL - Absent Without Leave AMHRR - Army Military Human Resource Record

BCD - Bad Conduct Discharge BH – Behavioral Health

CG – Company Grade Article 15 CID – Criminal Investigation

ELS – Entry Level Status FG – Field Grade Article 15

GD - General Discharge

HS - High School

HD - Honorable Discharge IADT - Initial Active Duty Training

MP - Military Police MST - Military Sexual Trauma

N/A - Not applicable NCO - Noncommissioned Officer

NIF – Not in File NOS – Not Otherwise Specified

OAD - Ordered to Active Duty OBH (I) - Other Behavioral

Health (Issues) OMPF - Official Military

Personnel File PTSD - Post-Traumatic Stress Disorder

SCM - Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator

TBI – Traumatic Brain Injury UNC - Uncharacterized

Discharge UOTHC - Under Other Than

Honorable Conditions VA - Department of Veterans Affairs