# 1. Applicant's Name:

- a. Application Date: 10 October 2020
- b. Date Received: 2 November 2020
- c. Counsel: None
- 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

a. Applicant's Requests and Issues: The current characterization of service for period under review is uncharacterized. The applicant requests an upgrade to honorable.

**b.** The applicant seeks relief contending, in effect, the applicant was released from basic combat training (BCT) due to exercise-induced asthma, however the applicant found out later that they were improperly diagnosed while at Fort Jackson. Due to being misdiagnosed, the applicant was not correctly diagnosed until 2015. The applicant believes that it would be reasonable for their discharge to be changed to honorable.

**c.** Board Type and Decision: In a records review conducted on 28 June 2024, and by a 5-0 vote, the board denied the request upon finding the separation was both proper and equitable.

Please see Section 9 of this document for more detail regarding the Board's decision.

(Board member names available upon request)

3. DISCHARGE DETAILS:

a. Reason / Authority / Codes / Characterization: Failed Medical/Physical/Procurement Standards / AR 635-200, Paragraph 5-11 / JFW / RE-3 / Uncharacterized

- b. Date of Discharge: 2 February 2012
- c. Separation Facts:
  - (1) Date Entrance Physical Standards Board (EPSBD) convened: 12 January 2012

(2) **EPSBD Findings:** The findings of the evaluating physicians indicate the applicant was medically unfit for appointment or enlistment in accordance with current medical fitness standards and in the opinion of the evaluating physicians the condition existed prior to service. The applicant was diagnosed with: Asthma Exercise-Induced.

(3) Date Applicant Reviewed and Concurred with the Findings, and Requested Discharge without Delay: 25 January 2012

(4) Separation Decision Date / Characterization: 25 January 2012 / NIF

- 4. SERVICE DETAILS:
  - a. Date / Period of Enlistment: 23 September 2011 / 8 years
  - b. Age at Enlistment / Education / GT Score: 20 / Some College / NIF

- c. Highest Grade Achieved / MOS / Total Service: E-1 / None / 2 months and 26 days
- d. Prior Service / Characterizations: None
- e. Overseas Service / Combat Service: None
- f. Awards and Decorations: None
- g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record:

(1) Report of Medical History, 5 August 2011, the examining medical physician did not annotate any medical issues.

(2) Report of Medical Examination, 5 August 2011, the examining medical physician noted the applicant's medical conditions in the comments section: PES Planus mild asymptomatic.

(3) EPSBD proceedings, states while the applicant was in BCT, the applicant had shortness of breath and wheezing when exerting themselves and fell behind in training. A methacholine challenge is consistent with asthma. On 25 January 2012, the applicant reviewed and concurred with the findings, and requested discharge without delay and on 26 January 2012, the applicant waived legal counsel.

(4) The applicant provided a DD Form 214 that shows the applicant had not completed the first full term of service. The applicant was released from active duty for training and discharged from the Reserve of the Army and returned to the Army National Guard (ARNG) on 2 February 2012 under the authority of AR 635-200, paragraph 5-11, by reason of Failed Medical/Physical/Procurement Standards, with an uncharacterized characterization of service. The DD Form 214 was authenticated with the applicant's electronic signature.

(5) Orders 034-016, 3 February 2012, shows the applicant was discharged from the ARNG on 3 February 2012 under the authority of National Guard Regulation (NGR) 600-200 (Enlisted Personnel Management), paragraph 6-26y, Failed Medical/Physical/Procurement Standards, with an uncharacterized characterization of service.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
  - (6) Applicant provided: None
  - (7) AMHRR Listed: EPSBD findings as described in previous paragraph 3c.

The ARBA's medical advisor reviewed DoD and VA medical records.

- 5. APPLICANT-PROVIDED EVIDENCE: DD Form 293; DD Form 214; and medical records.
- 6. **POST SERVICE ACCOMPLISHMENTS:** None submitted with the application.
- 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

**a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.

**b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].

(1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

(2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.

**c.** Army Regulation 15-180 (Army Discharge Review Board) sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.

**d.** Army Regulation 635-200 (Active Duty Enlisted Administrative Separations) provides the basic authority for the separation of enlisted personnel.

(1) An honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.

(2) Paragraph 3-9 states a separation will be described as entry-level with service uncharacterized if processing is initiated while a Soldier is in entry-level status.

(3) Chapter 5 provides for the basic separation of enlisted personnel for the convenience of the government.

(4) Paragraph 5-1, states that a Soldier being separated under this paragraph will be awarded a characterization of service of honorable, general (under honorable conditions), or an uncharacterized description of service if in entry-level status.

(5) Paragraph 5-10 (previously paragraph 5-11) specifically provides that Soldiers who were not medically qualified under procurement medical fitness standards, when accepted for enlistment, or who became medically disqualified under these standards prior to entry on active duty or active duty training or initial entry training will be separated. A medical proceeding, regardless of the date completed, must establish that a medical condition was identified by appropriate medical authority within six months of the Soldier's initial entrance on active duty, that the condition would have permanently or temporarily disqualified the Soldier for entry into the military service had it been detected at that time, and the medical condition does not disqualify the Soldier from retention in the service under the provisions of AR 40-501, Chapter 3.

(6) Chapter 15 provides explicitly for separation under the prerogative of the Secretary of the Army. Secretarial plenary separation authority is exercised sparingly and seldom delegated. Ordinarily, it is used when no other provision of this regulation applies, and early separation is clearly in the Army's best interest. Separations under this paragraph are effective only if approved in writing by the Secretary of the Army or the Secretary's approved designee as announced in updated memoranda. Secretarial separation authority is normally exercised on a case-by-case basis.

(7) Glossary prescribes entry-level status for ARNGUS, and U.S. Army Reserve (USAR) Soldiers begins upon enlistment in the ARNG or USAR. For Soldiers ordered to IADT for one continuous period, it terminates 180 days after beginning training. For Soldiers ordered to IADT for the split or alternate training option, it terminates 90 days after beginning Phase II advanced individual training. (Soldiers completing Phase I BT or basic combat training remain in entry-level status until 90 days after beginning Phase II.)

**e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes), in effect at the time, provided the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD

code of "JFW" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 5-11, Failed Medical/ Physical/ Procurement Standards.

**f.** Army Regulation 601-210 (Regular Army and Reserve Components Enlistment Program) governs eligibility criteria, policies, and procedures for enlistment and processing of persons into the Regular Army, the U.S. Army Reserve, and ARNG for enlistment per DODI 1304.26. It also prescribes the appointment, reassignment, management, and mobilization of Reserve Officers' Training Corps cadets under the Simultaneous Membership Program. Chapter 4 provides the criteria and procedures for waiverable and nonwaiverable separations. Table 3-1, defines reentry eligibility (RE) codes:

(1) RE-1 Applies to: Person completing his or her term of active service who is considered qualified to reenter the U.S. Army. Eligibility: Qualified for enlistment if all other criteria are met.

(2) RE-3 Applies to: Person who is not considered fully qualified for reentry or continuous service at time of separation, but disqualification is waiverable. Eligibility: Ineligible unless a waiver is granted.

(3) RE-4 Applies to: Person separated from last period of service with a nonwaiverable disqualification. This includes anyone with a DA imposed bar to reenlistment in effect at time of separation or separated for any reason (except length of service retirement) with 18 or more years active Federal service. Eligibility: Ineligible for enlistment.

**8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

**a.** The applicant requests an upgrade to honorable. The applicant's AMHRR, the issues, and documents submitted with the application were carefully reviewed.

**b.** The proceedings of the EPSBD revealed the applicant had Asthma Exercise-Induced, which was disqualifying for enlistment and existed prior to entry on active duty. These findings were approved by competent medical authority and the applicant agreed with the findings and proposed action for administrative separation from the Army.

**c.** The applicant's AMHRR includes partial facts and circumstances concerning the events which led to the discharge from the Army. The applicant's AMHRR does contain a properly constituted DD Form 214 (Certificate of Release or Discharge from Active Duty), which was / authenticated by the applicant's electronic signature. The applicant's DD Form 214 shows the applicant served 2 months and 26 days. The applicant's DD Form 214 also shows the applicant was discharged on 2 February 2012 under the provisions of AR 635-200, Chapter 5, paragraph 5-11, by reason of Failed Medical/Physical/ Procurement Standards, with a characterization of service of uncharacterized.

**d.** Army Regulation 635-200 states a separation will be described as entry-level with service uncharacterized if, at the time separation action is initiated, the Soldier has less than 180 days of continuous active duty service. The evidence of the AMHRR reflects the applicant was notified on 25 January 2012 of the intent to initiate separation proceedings from the Army. At the time of the notification, the applicant had 2 months and 19 days of continuous active duty service. Based on the time in service, the applicant was in an ELS status, and the uncharacterized discharge was appropriate.

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**e.** The applicant contends, in effect, the applicant was released from BCT due to exercise induced asthma, however the applicant found out later that they was improperly diagnosed while at Fort Jackson. Due to being misdiagnosed, the applicant was not correctly diagnosed until 2015. The applicant believes that it would be reasonable for their discharge to be changed to honorable. The applicant provided medical documents that state:

(1) On 1 June 2015, the applicant was seen at radiology, Greater Baltimore Medical Center, for nasal obstruction and received a CT sinus without IV contrast procedure. There was no diagnosis entered.

(2) On 19 August 2015, the applicant received the following procedures at the Greater Baltimore Medical Center:

- Nasal endoscopy with bilateral maxillary antrostomies
- Nasal endoscopy with bilateral total ethmoidectomies
- CT image-guided sinus surgery, bilateral
- Nasal septal reconstruction
- Endoscopic bilateral nasal polypectomies
- Bilateral submucous inferior turbinate reductions

(3) The applicant received the following postoperative diagnosis:

- Nasal obstruction
- Chronic sinusitis
- Nasal polyposis

**f.** Published Department of Defense guidance indicates that the guidance is not intended to interfere or impede on the Board's statutory independence. The Board will determine the relative weight of the action that led to the discharge and whether it supports relief or not. In reaching its determination, the Board shall consider the applicant's petition, available records and/or submitted documents in support of the petition.

## 9. BOARD DISCUSSION AND DETERMINATION:

**a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:

(1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **No.** There is no evidence of any potentially mitigating conditions.

(2) Did the condition exist, or experience occur during military service? N/A The Board's Medical Advisor found applicant was discharged with an Uncharacterized discharge for failure to meet medical/physical procurement standards.

(3) Does the condition or experience actually excuse or mitigate the discharge? N/A The Board's Medical Advisor applied liberal consideration and opined that the applicant's Uncharacterized discharge was proper, equitable and without error. The applicant was provided a pre and post military Asthma diagnosis and a positive methacholine challenge (10 Jan 2012). The applicant exhibited characteristic exercise induced symptoms while in service, the Asthma diagnosis while in service is reasonably supported as the reason for discharge. Therefore, the discharge under AR 635-200, para 5-11 due to failed medical/physical/procurement standards was appropriate. VA medical records are void of content.

(4) Does the condition or experience outweigh the discharge? N/A

**b.** Response to Contention: The applicant contends, in effect, the applicant was released from BCT due to exercise-induced asthma, however the applicant found out later that they were improperly diagnosed while at Fort Jackson. Due to being misdiagnosed, the applicant was not correctly diagnosed until 2015. The applicant believes that it would be reasonable for their discharge to be changed to honorable. The board voted not to change the applicant's reason for discharge or accompanying SPD code, as the reason the applicant was discharged was both proper and equitable. In accordance with AR 635-200 and based on the applicant's official record, the applicant was separated while in an entry level status and an Uncharacterized discharge is the proper characterization of service.

**c.** The board determined that the discharge is, at this time, proper and equitable, in light of the current evidence of record. However, the applicant may request a personal appearance hearing to address the issues before the board. The applicant is responsible for satisfying the burden of proof and providing documents or other evidence sufficient to support the applicant's contention(s) that the discharge was improper or inequitable.

**d.** Rationale for Decision:

(1) The board voted not to change the applicant's characterization of service because there were no mitigating circumstances for the board to consider. The applicant was discharged for failing medical procurement standards due to a service-limiting Asthma diagnosis prior to the completion of basic training, therefore the Uncharacterized discharge is proper and equitable. The discharge was consistent with the procedural and substantive requirements of the regulation, was within the discretion of the separation authority, and the applicant was provided full administrative due process.

(2) The board voted not to change the applicant's reason for discharge or accompanying SPD code under the same pretexts, and the reason the applicant was discharged was both proper and equitable.

(3) The RE code will not change, as the current code is consistent with the procedural and substantive requirements of the regulation.

### **10. BOARD ACTION DIRECTED:**

- a. Issue a New DD-214 / Separation Order: No
- b. Change Characterization to: No Change
- c. Change Reason / SPD code to: No Change
- d. Change RE Code to: No Change
- e. Change Authority to: No Change

## Authenticating Official:

7/22/2024



Presiding Officer, COL, U.S. ARMY Army Discharge Review Board

#### Legend:

AWOL – Absent Without Leave AMHRR – Army Military Human Resource Record BCD – Bad Conduct Discharge BH – Behavioral Health CG – Company Grade Article 15 CID – Criminal Investigation Division ELS – Entry Level Status FG – Field Grade Article 15 GD – General Discharge HS – High School HD – Honorable Discharge IADT – Initial Active Duty Training MP – Military Police MST – Military Sexual Trauma N/A – Not applicable NCO – Noncommissioned Officer NIF – Not in File NOS – Not Otherwise Specified OAD – Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF – Official Military Personnel File PTSD – Post-Traumatic Stress Disorder RE – Re-entry SCM – Summary Court Martial SPCM – Special Court Martial SPD – Separation Program Designator TBI – Traumatic Brain Injury UNC – Uncharacterized Discharge UOTHC – Under Other Than Honorable Conditions VA – Department of Veterans Affairs