1. Applicant's Name:

a. Application Date: 5 May 2021

b. Date Received: 5 May 2021

c. Counsel: None

### 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

**a. Applicant's Requests and Issues:** The current characterization of service for the period under review is under other than honorable conditions. The applicant requests an upgrade to honorable and a narrative reason change.

The applicant seeks relief contending, in effect, the misconduct which led to the applicant's discharge was a direct result of undiagnosed or misdiagnosed post traumatic stress disorder (PTSD) symptoms in combination with adverse prescription drug effect.

**b. Board Type and Decision:** In a records review conducted on 15 November 2024, and by a 5-0 vote, the board determined the discharge is inequitable based on the applicant's medical diagnoses of PTSD, MDD, GAD which mitigate the basis for separation (AWOL and FTRs). Additionally, the applicant has in-service factors (length, quality, and combat). Therefore, the board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN.

Please see Section 9 of this document for more detail regarding the Board's decision. (Board member names available upon request)

#### 3. DISCHARGE DETAILS:

- **a.** Reason / Authority / Codes / Characterization: In Lieu of Trial by Court-Martial / AR 635-200, Chapter 10 / KFS / RE-4 / Under Other Than Honorable Conditions
  - b. Date of Discharge: 20 April 2012
  - c. Separation Facts:
- (1) DD Form 458 (Charge Sheet): 30 March 2012, the applicant was charged with being absent without authority from on or about 29 September 2011 to on or about 9 October 2011; on or about 13 December 2011, the applicant failed to go at the prescribed time to the appointed place of duty; on or about 14 December 2011, the applicant failed to go to the appointed place of duty at the prescribed time; and on or about 10 January 2012 the applicant was absent without authority from the unit until on or about 29 March 2012.
  - (2) Legal Consultation Date: 30 March 2012
- (3) Basis for Separation: Pursuant to the applicant's request for discharge under the provisions of AR 635-200, Chapter 10, in lieu of trial by court-martial.
  - (4) Recommended Characterization: Under Other Than Honorable Conditions

(5) Separation Decision Date / Characterization: 12 April 2012 / Under Other Than Honorable Conditions

#### 4. SERVICE DETAILS:

- a. Date / Period of Enlistment: 17 March 2009 / 6 years
- b. Age at Enlistment / Education / GT Score: 20 / GED / 113
- c. Highest Grade Achieved / MOS / Total Service: E-4 / 68W10, Health Care Specialist / 4 years, 10 months, 14 days
  - d. Prior Service / Characterizations: RA, 8 March 2007 16 March 2009 / HD
- e. Overseas Service / Combat Service: Korea, SWA / Iraq (16 November 2009 21 August 2010)
- f. Awards and Decorations: ARCOM, AGCM, NDSM, GWOTSM, KDSM, ICM-CS, ASR, OSR-2
  - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: See Charge Sheet as described in item 3c (1).
- i. Lost Time / Mode of Return: AWOL X 90 days (29 September 2011 8 October 2011)
  / Apprehended; (10 January 2012 28 March 2012/ Surrendered
  - j. Behavioral Health Condition(s):
- (1) Applicant provided: The applicant provides in-service medical records which reflects the applicant had a positive screen for PTSD and major depressive affective behavior and VA medical records reflecting a PTSD and depression diagnosis.
  - (2) AMHRR Listed: None
- **5. APPLICANT-PROVIDED EVIDENCE:** On-Line Application, medical documents, documents from applicant's Military Personnel File to include DD Form 214, Separation Packet, Enlistment Contract, etc.
- **6. POST SERVICE ACCOMPLISHMENTS:** None submitted with application.
- 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):
- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical

psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.

- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.
- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board), dated 25 September 2019, sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.
- **d.** Army Regulation 635-200 provides the basic authority for the separation of enlisted personnel.

- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Paragraph 3-7c states Under other-than-honorable-conditions discharge is an administrative separation from the Service under conditions other than honorable and it may be issued for misconduct, fraudulent entry, security reasons, or in lieu of trial by court martial based on certain circumstances or patterns of behavior or acts or omissions that constitute a significant departure from the conduct expected of Soldiers in the Army.
- (5) Chapter 10 provides, in pertinent part, that a member who has committed an offense or offenses for which the authorized punishment includes a punitive discharge may submit a request for a discharge for the good of the Service in lieu of trial by court-martial. The request may be submitted at any time after charges have been preferred and must include the individual's admission of guilt.
- (6) Paragraph 10-8a stipulates a discharge under other than honorable conditions is normally appropriate for a Soldier who is discharged in lieu of trial by court-martial. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record during the current enlistment. (See chap 3, sec II).
- (7) Paragraph 10b stipulates Soldiers who have completed entry-level status, characterization of service as honorable is not authorized unless the Soldier's record is otherwise so meritorious that any other characterization clearly would be improper.
- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes) provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "KFS" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 10, In Lieu if Trial by Court-Martial.
- **8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable and a narrative reason change. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant's DD Form 214 indicates the applicant was discharged under the provisions of AR 635-200, paragraph 10, by reason of In Lieu of Trial by Court-Martial, with a characterization of service of Under Other Than Honorable Conditions.

The applicant requests the applicant's narrative reason for the discharge be changed. The applicant's DD Form 214 (Certificate of Release or Discharge from Active Duty) reflects the applicant was separated under the provisions of Chapter 10, with an under other than honorable

conditions discharge. The narrative reason specified by Army Regulations for a discharge under this paragraph is "In Lieu of Trial By Court-Martial." Army Regulation 635-5, Separation Documents governs the preparation of the DD Form 214 and dictates the entry of the narrative reason for separation, entered in block 28. The regulation stipulates no deviation is authorized. There is no provision for any other reason to be listed.

The applicant contends the misconduct which led to the discharge was a direct result of undiagnosed or misdiagnosed PTSD symptoms in combination with adverse prescription drug effect. The applicant's AMHRR is void of a mental health evaluation or a mental health diagnosis. The applicant provides in-service medical records which reflects the applicant had a positive screen for PTSD and major depressive affective behavior and VA medical records reflecting a PTSD and depression diagnosis.

#### 9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially mitigating diagnoses/experiences: Major Depressive DO (MDD), Generalized Anxiety DO (GAD), PTSD. (Note-applicant's diagnosis of Adjustment DO with depressed mood is subsumed under diagnosis of Major Depressive DO. Applicant's diagnosis of Anxiety DO NOS is subsumed under diagnosis of GAD).
- (2) Did the condition exist, or experience occur during military service? **Yes.** The Board's Medical Advisor found the diagnoses of GAD and MDD were made during active service. VA service connection of 70% for PTSD establishes nexus with active service.
- (3) Does the condition or experience actually excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor applied liberal consideration and opined that the applicant has three mitigating BH conditions, PTSD, Generalized Anxiety DO and MDD. As these conditions are associated with avoidant behaviors, there is a nexus between his diagnoses of PTSD and MDD and his periods of being AWOL and incidents of Failure to Report.
- (4) Does the condition or experience outweigh the discharge? Yes. The board concurred with the opinion of the Board's Medical Advisor, a voting member. As a result, the ADRB applied liberal consideration and found that the applicant's PTSD, MDD and GAD outweigh the basis for separation (AWOLs and FTRs).
- **b.** Response to Contention(s): The applicant contends the misconduct which led to the discharge was a direct result of undiagnosed or misdiagnosed PTSD symptoms in combination with adverse prescription drug effect.

The board considered this contention during proceedings and determined that relief was warranted based on the applicant's diagnoses of PTSD, MDD and GAD which outweigh the basis for separation (AWOLs and FTRs).

- c. The board determined the discharge is inequitable based on the applicant's medical diagnoses of PTSD, MDD, GAD, which mitigate the basis for separation (AWOLs and FTRs). Additionally, the board noted the applicant's in-service factors (length, quality, and combat). Therefore, the board voted to grant relief in the form of an upgrade of the characterization of service to honorable and changed the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN. The board determined the reentry code was proper and equitable and voted not to change it.
  - **d.** Rationale for Decision:
- (1) The board voted to change the applicant's characterization of service to Honorable based on the applicant's medical diagnoses of GAD, PTSD, and MDD which mitigate the applicant's AWOLs and FTRs. Thus, the prior characterization is no longer appropriate.
- The board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same rationale, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.
- (3) The RE code will not change, as the current code is consistent with the procedural and substantive requirements of the regulation.

#### 10. BOARD ACTION DIRECTED:

a. Issue a New DD-214 / Separation Order: Yes

**b.** Change Characterization to: Honorable

c. Change Reason / SPD code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: No Change

e. Change Authority to: AR 635-200, paragraph 14-12a

#### **Authenticating Official:**



AWOL - Absent Without Leave AMHRR – Army Military Human Resource Record BCD – Bad Conduct Discharge BH - Behavioral Health CG - Company Grade Article 15 CID – Criminal Investigation

Division ELS - Entry Level Status FG – Field Grade Article 15 GD - General Discharge

HS - High School HD - Honorable Discharge IADT - Initial Active Duty Training

MP - Military Police MST - Military Sexual Trauma N/A - Not applicable NCO - Noncommissioned Officer

NIF - Not in File NOS - Not Otherwise Specified OAD - Ordered to Active Duty OBH (I) - Other Behavioral Health (Issues) OMPF – Official Military

Personnel File PTSD - Post-Traumatic Stress Disorder

RE – Re-entry SCM – Summary Court Martial SPCM - Special Court Martial

SPD - Separation Program Designator

TBI - Traumatic Brain Injury UNC - Uncharacterized Discharge UOTHC – Under Other Than

Honorable Conditions VA - Department of Veterans Affairs