- 1. Applicant's Name:
 - a. Application Date: 22 September 2021
 - b. Date Received: 22 September 2022
 - c. Counsel: None
- 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

a. Applicant's Requests and Issues: The current characterization of service for the period under review is under other than honorable conditions. The applicant requests an upgrade to general (under honorable conditions) and a narrative reason change.

The applicant seeks relief contending, in effect, the applicant suffered from a work stress induced condition called Bell's Palsy. The applicant was prescribed pain pills, narcotics, and anti-depressants, but it did not work. The applicant used marijuana to cope with the pain but became addicted and failed a urinalysis test. The applicant states the applicant served honorably in the Army National Guard and while on active. The applicant received multiple awards. The applicant contends the applicant made a mistake and did not receive any help.

b. Board Type and Decision: In a records review conducted on 16 October 2024, and by a 5-0 vote, the Board, based on the applicant's length and quality of service, to include combat service, and the circumstances surrounding the discharge (PTSD), determined the narrative reason for the applicant's separation is now inequitable. Therefore, the Board voted to grant relief in the form of an upgrade to the characterization of service to Honorable and directed the issue of a new DD Form 214 changing the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), and the separation code to JKN. The Board determined the RE Code was proper and equitable and voted not to change it.

Please see Section 9 of this document for more detail regarding the Board's decision.

3. DISCHARGE DETAILS:

a. Reason / Authority / Codes / Characterization: Misconduct (Drug Abuse) / AR 635-200, Paragraph 14-12c(2) / JKK / RE-4 / General (Under Honorable Conditions)

- **b.** Date of Discharge: 5 February 2015
- c. Separation Facts:
 - (1) Date of Notification of Intent to Separate: 9 December 2014

(2) Basis for Separation: The applicant was informed of the following reasons: Between on or about 17 May 2014 and on or about 17 June 2014, the applicant wrongfully used marijuana and between on or about 15 August 2014 and on or about 15 September 2014, the applicant wrongfully used marijuana.

- (3) **Recommended Characterization:** Under Other Than Honorable Conditions
- (4) Legal Consultation Date: NIF

(5) Administrative Separation Board: NIF

(6) Separation Decision Date / Characterization: 30 December 2014 / Under Other Than Honorable Conditions

- 4. SERVICE DETAILS:
 - a. Date / Period of Enlistment: 1 October 2011 / 6 years
 - b. Age at Enlistment / Education / GT Score: 27 / HS Graduate / 111

c. Highest Grade Achieved / MOS / Total Service: E-5 / 15N14, A9 Avionic Mechanic / 11 years, 2 months, 19 days

 d. Prior Service / Characterizations: ARNG, 20 March 2002 – 27 October 2004 / HD RA, 30 September 2002 – 10 July 2003 (IADT) (Concurrent Service)

e. Overseas Service / Combat Service: SWA / Afghanistan (21 February 2011 – 13 February 2012), (12 December 2008 – 27 November 2009), Iraq (3 October 2005 – 15 September 2006)

f. Awards and Decoration: ARCOM-3, AAM-3, MUC, AGCM-4, NDSM, ACM-CS-3, ICM-CS-2, GWOTSM, NCOPDR, ASR, OSR, NATO MDL

g. Performance Ratings: 1 December 2010 – 30 November 2011 / Fully Capable

- 1 December 2011 1 April 2012 / Fully Capable
- 1 April 2012 31 March 2013 / Fully Capable
- 1 April 2013 1 July 2014 / Fully Capable
- 2 July 2014 8 October 2014 / Marginal

h. Disciplinary Action(s) / Evidentiary Record: Electronic Copy of DD Form 2624, 2 July 2014, reflects the applicant tested positive for THC, during an Inspection Random (IR) urinalysis testing, conducted on 17 June 2014.

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):
 - (1) Applicant provided: None

(2) AMHRR Listed: Mental Status Evaluation (MSE), 6 August 2014, reflects the applicant could understand and participate in administrative proceedings. The applicant was diagnosed with adjustment disorder with mixed features, occupational problem, and cannabis abuse.

- 5. APPLICANT-PROVIDED EVIDENCE: On-Line Application
- 6. **POST SERVICE ACCOMPLISHMENTS:** None submitted with the application.
- 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

a. Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.

b. Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Wilkie memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].

(1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

(2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.

c. Army Regulation 15-180 (Army Discharge Review Board), dated 25 September 2019, sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.

d. Army Regulation 635-200 provides the basic authority for the separation of enlisted personnel.

(1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.

(2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.

(3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.

(4) Paragraph 3-7c states Under other-than-honorable-conditions discharge is an administrative separation from the Service under conditions other than honorable and it may be issued for misconduct, fraudulent entry, security reasons, or in lieu of trial by court martial based on certain circumstances or patterns of behavior or acts or omissions that constitute a significant departure from the conduct expected of Soldiers in the Army.

(5) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.

(6) Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.

(7) Paragraph 14-12c(2) terms abuse of illegal drugs as serious misconduct. It continues; however, by recognizing relevant facts may mitigate the nature of the offense. Therefore, a single drug abuse offense may be combined with one or more minor disciplinary infractions or incidents of other misconduct and processed for separation under paragraph 14-12a or 14-12b as appropriate.

e. Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes) provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKK" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, paragraph 12c(2), misconduct (drug abuse).

ARMY DISCHARGE REVIEW BOARD CASE REPORT AND DIRECTIVE AR20210015000

8. SUMMARY OF FACT(S): The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable and a narrative reason change. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant requests the narrative reason for the discharge be changed. The applicant was separated under the provisions of Chapter 14, paragraph 14-12c(2), AR 635-200 with an under other than honorable discharge. The narrative reason specified by Army Regulations for a discharge under this paragraph is "Misconduct (Drug Abuse)," and the separation code is "JKK." Army Regulation 635-8, Separation Processing and Documents, governs the preparation of the DD Form 214 and dictates the entry of the narrative reason for separation, entered in block 28 and separation code, entered in block 26 of the form, will be listed in tables 2-2 or 2-2 of AR 635-5-1, Separation Program Designator (SPD) Codes. The regulation stipulates no deviation is authorized. There is no provision for any other reason to be entered under this regulation.

The applicant contends the applicant suffered from a work stress induced condition called Bell's Palsy. The applicant was prescribed pain pills, narcotics, and anti-depressants, but it did not work. The applicant used marijuana to cope with the pain but became addicted and failed a urinalysis test.

The applicant contends the applicant made a mistake and did not receive any help. There is no evidence in the AMHRR the applicant ever sought assistance before committing the misconduct, which led to the separation action under review.

The applicant states the applicant served honorably in the Army National Guard and while on active and received multiple awards. The Board will consider the applicant service accomplishments and the quality of service according to the DODI 1332.28.

9. BOARD DISCUSSION AND DETERMINATION:

a. As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:

(1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially-mitigating diagnoses/experiences: Post Traumatic Stress Disorder (PTSD). Note-diagnoses of Adjustment Disorder (DO) with mixed emotional state and Adjustment DO with anxiety are subsumed under diagnosis of (PTSD).

(2) Did the condition exist or experience occur during military service? **Yes.** The Board's Medical Advisor found VA service connection for PTSD establishes nexus with active military service.

(3) Does the condition or experience actually excuse or mitigate the discharge? Yes. The Board's Medical Advisor applied liberal consideration and opined that the applicant has a mitigating behavioral health (BH) condition, PTSD. As there is an association between PTSD and self-medication with illicit substances, there is a nexus between the applicant's diagnosis of PTSD and the applicant's multiple instances of wrongfully using marijuana. Note-the diagnoses of Adjustment DO with mixed emotional state and Adjustment DO with anxiety are subsumed under the diagnosis of PTSD. The applicant also contends the applicant used marijuana to self-

medicate for a condition of facial paralysis known as Bell's Palsy. Review of the medical record indicates that, at the time the applicant wrongfully used marijuana, the applicant's Bell's Palsy had resolved. Regarding the applicant's contention that Bell's Palsy led to a pain pill addiction, there was no documentation of this in the applicant's AHLTA records.

(4) Does the condition or experience outweigh the discharge? **Yes**. After applying liberal consideration to the evidence, including the Board Medical Advisor's opine, the Board determined that the applicant's PTSD outweighed the listed basis for separation for the aforementioned reasons.

b. Response to Contentions:

(1) The applicant contends the applicant suffered from a work stress induced condition called Bell's Palsy. The applicant was prescribed pain pills, narcotics, and anti-depressants, but it did not work. The applicant used marijuana to cope with the pain but became addicted and failed a urinalysis test.

The Board determined that this contention was valid and voted to upgrade the characterization of service due to PTSD mitigating the applicant's drug abuse charges.

(2) The applicant contends the applicant made a mistake and did not receive any help. The Board considered this contention during proceedings, but ultimately did not address the contention due to an upgrade being granted based on the applicant's PTSD fully outweighing the applicant's drug abuse basis for separation.

c. The Board determined that based on the applicant's length and quality of service, to include combat service, and the circumstances surrounding the discharge (PTSD), the narrative reason for the applicant's separation is now inequitable. Therefore, the Board voted to grant relief in the form of an upgrade to the characterization of service to Honorable and directed the issue of a new DD Form 214 changing the separation authority to AR 635-200, paragraph 14-12a, the narrative reason for separation to Misconduct (Minor Infractions), and the separation code to JKN. The Board determined the RE Code was proper and equitable and voted not to change it.

d. Rationale for Decision:

(1) The Board voted to change the applicant's characterization of service to Honorable because the applicant's PTSD mitigated the applicant's misconduct of drug abuse. Thus, the prior characterization is no longer appropriate. The Board carefully considered the applicant's request, supporting documents, evidence in the records, a medical review, and published Department of Defense guidance for liberal consideration of discharge upgrade requests. The Board considered the applicant's statement, record of service, the frequency and nature of misconduct, and the reason for separation. The Board found sufficient evidence of in-service mitigating factors (Length, Combat, Quality) and concurred with the conclusion of the medical advising official that the applicant's (PTSD) does mitigate the applicant's misconduct Drug abuse. Based on a preponderance of evidence, the Board determined that the character of service the applicant received upon separation was inequitable and warranted an upgrade.

(2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same rationale, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.

(3) The RE code will not change, as the current code is consistent with the procedural and substantive requirements of the regulation.

10. BOARD ACTION DIRECTED:

- a. Issue a New DD-214: Yes
- b. Change Characterization to: Honorable
- c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN
- d. Change RE Code to: No Change
- e. Change Authority to: AR 635-200

Authenticating Official:

3/21/2025

Legend: AWOL – Absent Without Leave AMHRR – Army Military Human Resource Record BCD - Bad Conduct Discharge BH - Behavioral Health CG – Company Grade Article 15 CID - Criminal Investigation Division ELS - Entry Level Status FG – Field Grade Article 15

GD - General Discharge HS - High School HD – Honorable Discharge IADT - Initial Active Duty Training MP – Military Police MST – Military Sexual Trauma N/A - Not applicable NCO – Noncommissioned Officer NIF - Not in File NOS - Not Otherwise Specified

OAD - Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF - Official Military Personnel File PTSD – Post-Traumatic Stress Disorder RE - Re-entry SCM - Summary Court Martial SPCM – Special Court Martial

SPD - Separation Program Designator TBI – Traumatic Brain Injury UNC - Uncharacterized Discharge UOTHC – Under Other Than Honorable Conditions VA - Department of Veterans Affairs