1. Applicant's Name:

a. Application Date: 24 March 2022

b. Date Received: 1 April 2022

c. Counsel: None

2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

a. Applicant's Requests and Issues: The current characterization of service for the period under review is under other than honorable conditions. The applicant requests an upgrade to honorable or general (under honorable conditions) and a narrative reason change.

The applicant seeks relief contending, in effect, the applicant was a very different person prior to deploying to Iraq. After returning from Iraq, the applicant began experiencing the effects of war which led to the applicant's wife leaving. The applicant began drinking heavily. The applicant began to care less about the consequences of the actions and eventually went absent without leave (AWOL) and made a poor decision to take methamphetamines. The applicant believes the misconduct was due to coping with the experiences of dealing with the deployment to Iraq. The applicant was forced into treatment and is now receiving help. The applicant is learning to cope with post-traumatic stress disorder (PTSD) and anxiety.

b. Board Type and Decision: In a records review conducted on 29 January 2025, and by a 5-0 vote, the Board determined the discharge is inequitable based on the applicant's length and quality of service, to include combat service, and the circumstances surrounding the discharge (Panic Disorder and PTSD diagnoses). Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed the separation authority to AR 635-200, paragraph 14- 12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN. The Board determined the reentry code is proper and equitable and voted not to change it. *Please see Section 9 of this document for more detail regarding the Board's decision.*

3. DISCHARGE DETAILS:

- **a.** Reason / Authority / Codes / Characterization: Misconduct (Drug Abuse) / AR 635-200, Paragraph 14-12c(2) / JKK / RE-4 / Under Other Than Honorable Conditions
 - b. Date of Discharge: 11 August 2011
 - c. Separation Facts:
 - (1) Date of Notification of Intent to Separate: 8 July 2011
- (2) Basis for Separation: The applicant was informed of the following reasons: The applicant wrongfully used methamphetamines between on or about 30 November 2010 and 9 December 2010. The applicant was also absent from the unit from on or about 17 June 2009 and remained absent until on or about 5 November 2010.
 - (3) Recommended Characterization: Under Other Than Honorable Conditions
 - (4) Legal Consultation Date: 3 August 2011

- **(5) Administrative Separation Board:** On 3 August 2011, the applicant waived consideration of the case by an administrative separation board.
- **(6) Separation Decision Date / Characterization:** 4 August 2011 / Under Other Than Honorable Conditions
- 4. SERVICE DETAILS:
 - a. Date / Period of Enlistment: 19 March 2007 / 3 years, 17 weeks
 - b. Age at Enlistment / Education / GT Score: 21 / GED / 109
- **c. Highest Grade Achieved / MOS / Total Service:** E-3 / 13B10, Cannon Crewmember / 2 years, 9 months, 16 days
 - d. Prior Service / Characterizations: None
 - e. Overseas Service / Combat Service: SWA / Iraq (11 December 2007 12 July 2008)
 - f. Awards and Decorations: ICM-CS-2, ARCOM, ASR
 - g. Performance Ratings: NA
- h. Disciplinary Action(s) / Evidentiary Record: Record of Trial by Summary Court-Martial, 31 March 2011, reflects the applicant pled guilty and was found guilty of being absent without authority from on or about 17 June 2009 to on or about 5 November 2010 and between on or about 30 November 2010 and 9 December 2010, the applicant wrongfully used methamphetamines.
- i. Lost Time / Mode of Return: (18 July 2008 22 July 2008), (1 May 2009 4 June 2009), 17 June 2009 5 November 2010), 7 April 2011 15 May 2011)
 - j. Behavioral Health Condition(s):
- (1) Applicant provided: The applicant provides medical records pertaining to mental health issues and other physical injuries.
 - (2) AMHRR Listed: None
- **5. APPLICANT-PROVIDED EVIDENCE:** DD Form 293, personal statement, Character references, DD Form 214, Medical records (392 total pages)
- **6. Post Service Accomplishments:** The applicant was forced into treatment and is now receiving help and the applicant is learning to cope with PTSD and anxiety.
- 7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):
- **a.** Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder

- (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.
- **b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].
- (1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.
- (2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.
- **c.** Army Regulation 15-180 (Army Discharge Review Board), dated 25 September 2019, sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.

- **d.** Army Regulation 635-200 provides the basic authority for the separation of enlisted personnel.
- (1) Chapter 3, Section II provides the authorized types of characterization of service or description of separation.
- (2) Paragraph 3-7a states an Honorable discharge is a separation with honor and is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.
- (3) Paragraph 3-7b states a General discharge is a separation from the Army under honorable conditions and is issued to a Soldier whose military record is satisfactory but not sufficiently meritorious to warrant an honorable discharge.
- (4) Paragraph 3-7c states Under other-than-honorable-conditions discharge is an administrative separation from the Service under conditions other than honorable and it may be issued for misconduct, fraudulent entry, security reasons, or in lieu of trial by court martial based on certain circumstances or patterns of behavior or acts or omissions that constitute a significant departure from the conduct expected of Soldiers in the Army.
- (5) Chapter 14 establishes policy and prescribes procedures for separating members for misconduct. Specific categories include minor disciplinary infractions, a pattern of misconduct, and commission of a serious offense, to include abuse of illegal drugs, convictions by civil authorities and desertion or being absent without leave. Action will be taken to separate a member for misconduct when it is clearly established that rehabilitation is impractical or unlikely to succeed.
- **(6)** Paragraph 14-3 prescribes a discharge under other than honorable conditions is normally appropriate for a Soldier discharged under this chapter. However, the separation authority may direct a general discharge if such is merited by the Soldier's overall record.
- (7) Paragraph 14-12c(2) terms abuse of illegal drugs as serious misconduct. It continues; however, by recognizing relevant facts may mitigate the nature of the offense. Therefore, a single drug abuse offense may be combined with one or more minor disciplinary infractions or incidents of other misconduct and processed for separation under paragraph 14-12a or 14-12b as appropriate.
- (8) Chapter 15 provides explicitly for separation under the prerogative of the Secretary of the Army. Secretarial plenary separation authority is exercised sparingly and seldom delegated. Ordinarily, it is used when no other provision of this regulation applies, and early separation is clearly in the Army's best interest. Separations under this paragraph are effective only if approved in writing by the Secretary of the Army or the Secretary's approved designee as announced in updated memoranda. Secretarial separation authority is normally exercised on a case-by-case basis.
- **e.** Army Regulation 635-5-1 (Separation Program Designator (SPD) Codes) provides the specific authorities (regulatory or directive), reasons for separating Soldiers from active duty, and the SPD codes to be entered on the DD Form 214. It identifies the SPD code of "JKK" as the appropriate code to assign enlisted Soldiers who are discharged under the provisions of Army Regulation 635-200, Chapter 14, paragraph 12c(2), misconduct (drug abuse).

8. SUMMARY OF FACT(S): The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The applicant requests an upgrade to honorable or general (under honorable conditions) and a narrative reason change. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

The applicant contends the applicant was a very different person prior to deploying to Iraq and after returning from Iraq, the applicant began experiencing the effects of war which led to the applicant's wife leaving. The applicant began drinking heavily and the applicant began to care less about the consequences of the actions and eventually went AWOL and made a poor decision to take methamphetamines. The applicant's AMHRR is void of a mental health diagnosis. The applicant provides medical records pertaining to the applicant's mental health and other physical injuries.

The applicant states the misconduct was due to coping with the experiences of dealing with the deployment to Iraq. The applicant was forced into treatment and is now receiving help and the applicant is learning to cope with PTSD and anxiety. The Army Discharge Review Board is authorized to consider post-service factors in the recharacterization of a discharge. No law or regulation provides for the upgrade of an unfavorable discharge based solely on the passage of time or good conduct in civilian life after leaving the service. The Board reviews each discharge on a case-by-case basis to determine if post-service accomplishments help demonstrate previous in-service misconduct was an aberration and not indicative of the member's overall character.

The applicant requests the upgrade to be able to access services from the Department of Veteran Affairs. Eligibility for veteran's benefits to include educational benefits under the Post-9/11 or Montgomery GI Bill does not fall within the purview of the Army Discharge Review Board. Accordingly, the applicant should contact a local office of the Department of Veterans Affairs for further assistance.

9. BOARD DISCUSSION AND DETERMINATION:

- **a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:
- (1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? Yes. The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, applicant's statement, and/or civilian provider documentation and found that the applicant has the following potentially-mitigating diagnoses/experiences: Panic Disorder with agoraphobia, Panic Disorder without agoraphobia, PTSD. [Note: Adjustment DO with anxiety and Anxiety DO NOS are subsumed under diagnosis of Panic Disorder. Diagnosis of Nightmare DO is subsumed under diagnosis of PTSD.]
- (2) Did the condition exist, or experience occur during military service? **Yes.** The Board's Medical Advisor found both PTSD and Panic Disorder were diagnosed during active military service.
- (3) Does the condition or experience actually excuse or mitigate the discharge? **Yes.** It is the Agency BH advisor's opinion that the applicant has two BH conditions, Panic DO with agoraphobia and PTSD which completely mitigate all his misconduct. As there is an association between these conditions, self-medication with alcohol/illicit drugs and avoidant behaviors, there is a nexus between these conditions, the applicant's wrongful use of methamphetamine and his

period of AWOL.

- (4) Does the condition or experience outweigh the discharge? **Yes.** After applying liberal consideration to the evidence, including the Board Medical Advisor's opine, the Board determined that the applicant's condition or experience outweighed the listed basis for separation for the aforementioned reason(s).
 - b. Prior Decisions Cited: None
- **c.** Response to Contention: The applicant contends the applicant was a very different person prior to deploying to Iraq and after returning from Iraq, the applicant began experiencing the effects of war which led to the applicant's wife leaving. The applicant began drinking heavily and the applicant began to care less about the consequences of the actions and eventually went AWOL and made a poor decision to take methamphetamines. The Board acknowledged this contention during proceedings.
- **d.** The Board determined the discharge is inequitable based on the applicant's length and quality of service, to include combat service, and the circumstances surrounding the discharge (Panic Disorder and PTSD diagnoses). Therefore, the Board voted to grant relief in the form of an upgrade of the characterization of service to Honorable and changed the separation authority to AR 635-200, paragraph 14- 12a, the narrative reason for separation to Misconduct (Minor Infractions), with a corresponding separation code of JKN. The Board determined the reentry code is proper and equitable and voted not to change it.

e. Rationale for Decision:

- (1) The Board members voted to change the applicant's characterization of service to Honorable because the applicant's PTSD and Panic Disorder mitigate the basis for separation (AWOL and wrongful use of methamphetamines). Thus, the prior characterization is no longer appropriate.
- (2) The Board voted to change the reason for discharge to Misconduct (Minor Infractions) under the same rationale, thus the reason for discharge is no longer appropriate. The SPD code associated with the new reason for discharge is JKN.

(3) The RE code will not change, as the current code is consistent with the procedural and substantive requirements of the regulation.

10. BOARD ACTION DIRECTED:

a. Issue a New DD-214: Yes

b. Change Characterization to: Honorable

c. Change Reason / SPD Code to: Misconduct (Minor Infractions)/JKN

d. Change RE Code to: No Change

e. Change Authority to: AR 635-200

Authenticating Official:

3/21/2025



Legend:
AWOL – Absent Without Leave
AMHRR – Army Military Human
Resource Record
BCD – Bad Conduct Discharge
BH – Behavioral Health
CG – Company Grade Article 15
CID – Criminal Investigation

Division ELS – Entry Level Status FG – Field Grade Article 15 GD – General Discharge HS – High School HD – Honorable Discharge

IADT – Initial Active Duty Training MP – Military Police MST – Military Sexual Trauma

N/A – Not applicable NCO – Noncommissioned Officer NIF – Not in File

NOS – Not Otherwise Specified

OAD – Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF – Official Military

Personnel File PTSD – Post-Traumatic Stress Disorder

RE – Re-entry SCM – Summary Court Martial SPCM – Special Court Martial SPD – Separation Program Designator

TBI – Traumatic Brain Injury UNC – Uncharacterized

Discharge
UOTHC – Under Other Than
Honorable Conditions
VA – Department of Veterans