- 1. Applicant's Name:
  - a. Application Date: 11 October 2023
  - b. Date Received: 17 October 2023
  - c. Counsel: None
- 2. REQUEST, ISSUES, BOARD TYPE, AND DECISION:

**a. Applicant's Requests and Issues:** The current characterization of service for the period under review is under other than honorable conditions. The applicant did not properly annotate the enclosed application requesting a possible discharge upgrade. The Army Discharge Review Board considered the applicant for a possible upgrade as instructed in pertinent part by Department of Defense Instruction 1332.28, which stipulates a request for review from an applicant without an honorable discharge shall be treated as a request for a change to an honorable discharge unless the applicant requests a specific change to another character of discharge.

The applicant seeks relief contending, in effect, the applicant used marijuana once to cope through a traumatic event which caused the applicant to be depressed and fearful of losing the applicant's military career. The applicant was diagnosed with post-traumatic stress disorder (PTSD) while seeking help for depression. The applicant earned an Army Achievement Medal for dedication and hard work

**b.** Board Type and Decision: In a records review conducted on 28 August 2024 and by a 5-0 vote, the board determined that the characterization of service was inequitable based on the applicant's in-service mitigating factors (length and quality) and post-service accomplishments (obtained a diploma in Industrial Systems) mitigated the misconduct first offense (illegal drug use). Accordingly, the board voted to grant relief in the form of an upgrade to the characterization of service to General, Under Honorable Conditions.

Please see Section 9 of this document for more detail regarding the Board's decision.

(Board member names available upon request)

3. DISCHARGE DETAILS:

a. Reason / Authority / Codes / Characterization: NIF / AR 135-178 / NIF / NIF / NIF / Under Other Than Honorable Conditions

- **b.** Date of Discharge: 7 March 2014
- c. Separation Facts:
  - (1) Date of Notification of Intent to Separate: NIF

(2) Basis for Separation: The applicant was informed of the following reasons: Misconduct first offense (illegal use of drugs) (provided by applicant, page1)

(3) **Recommended Characterization:** Under Other Than Honorable Conditions

- (4) Legal Consultation Date: NIF
- (5) Administrative Separation Board: NA
- (6) Separation Decision Date / Characterization: NIF

## 4. SERVICE DETAILS:

- a. Date / Period of Enlistment: 11 June 2009 / 8 years (USAR)
- b. Age at Enlistment / Education / GT Score: 20 / HS Graduate / NIF

**c.** Highest Grade Achieved / MOS / Total Service: E-4 / 21W10, Carpentry/Mason Specialist / 4 years, 8 months, 27 days

**d. Prior Service / Characterizations:** RA, 30 October 2009 – 16 April 2010 / HD (IADT) (Concurrent Service)

- e. Overseas Service / Combat Service: NIF
- f. Awards and Decorations: AAM, NDSM, ASR, ARCOTR
- g. Performance Ratings: NA

## h. Disciplinary Action(s) / Evidentiary Record:

(1) The applicant provides Memorandum, subject: Positive Urinalysis Result, 16 April 2023, which reflects, in part, the applicant came up positive for marijuana and a drug positive administrative separation packet was enclosed.

(2) The applicant provides Memorandum, subject: Separation Under AR 135-178..., undated, reflects, in part, the applicant was informed of the initiation of separation action due to misconduct first offense (illegal use of drugs).

- i. Lost Time / Mode of Return: None
- j. Behavioral Health Condition(s):

(1) **Applicant provided:** The applicant provides a medical document which reflects the applicant has a PTSD diagnosis.

# (2) AMHRR Listed: None

**5. APPLICANT-PROVIDED EVIDENCE:** DD Form 293, Personal statement, Discharge Order, Letter from Army Review Boards Agency, Letter from ADRB, Memorandum, subject: Positive Urinalysis Result, 16 April 2013, Separation Packet (page 1), Medical Document, AAM Certificate, Recommendation for Award, Diploma, Certificates-6, Letter of Support

**6. POST SERVICE ACCOMPLISHMENTS:** The applicant obtained a diploma in Industrial Systems.

7. STATUTORY, REGULATORY AND POLICY REFERENCE(S):

a. Section 1553, Title 10, United States Code (Review of Discharge or Dismissal) provides for the creation, composition, and scope of review conducted by a Discharge Review Board(s) within established governing standards. As amended by Sections 521 and 525 of the National Defense Authorization Act for Fiscal Year 2020, 10 USC 1553 provides specific guidance to the Military Boards for Correction of Military/Naval Records and Discharge Review Boards when considering discharge upgrade requests by Veterans claiming Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sexual trauma, intimate partner violence (IPV), or spousal abuse, as a basis for discharge review. The amended guidance provides that Boards will include, as a voting board member, a physician trained in mental health disorders, a clinical psychologist, or a psychiatrist when the discharge upgrade claim asserts a mental health condition, including PTSD, TBI, sexual trauma, IPV, or spousal abuse, as a basis for the discharge. Further, the guidance provides that Military Boards for Correction of Military/Naval Records and Discharge Review Boards will develop and provide specialized training specific to sexual trauma, IPV, spousal abuse, as well as the various responses of individuals to trauma.

**b.** Multiple Department of Defense Policy Guidance Memoranda published between 2014 and 2018. The documents are commonly referred to by the signatory authorities' last names (2014 Secretary of Defense Guidance [Hagel memo], 2016 Acting Principal Deputy Under Secretary of Defense for Personnel and Readiness [Carson memo], 2017 Official Performing the Duties of the Under Secretary of Defense for Personnel and Readiness [Kurta memo], and 2018 Under Secretary of Defense for Personnel and Readiness [Wilkie memo].

(1) Individually and collectively, these documents provide further clarification to the Military Discharge Review Boards and Boards for Correction of Military/Naval Records when considering requests by Veterans for modification of their discharge due to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Liberal consideration will be given to Veterans petitioning for discharge relief when the application for relief is based in whole or in part on matters relating to mental health conditions, including PTSD; TBI; sexual assault; or sexual harassment. Special consideration will be given to Department of Veterans Affairs (VA) determinations that document a mental health condition, including PTSD; TBI; or sexual assault/harassment potentially contributed to the circumstances resulting in a less than honorable discharge characterization. Special consideration will also be given in cases where a civilian provider confers diagnoses of a mental health condition, including PTSD; TBI; or sexual assault/harassment if the case records contain narratives supporting symptomatology at the time of service or when any other evidence which may reasonably indicate that a mental health condition, including PTSD; TBI; or sexual assault/harassment existed at the time of discharge might have mitigated the misconduct that caused a discharge of lesser characterization.

(2) Conditions documented in the service record that can reasonably be determined to have existed at the time of discharge will be considered to have existed at the time of discharge. In cases in which a mental health condition, including PTSD; TBI; or sexual assault/harassment may be reasonably determined to have existed at the time of discharge, those conditions will be considered potential mitigating factors in the misconduct that caused the characterization of service in question. All Boards will exercise caution in weighing evidence of mitigation in cases in which serious misconduct precipitated a discharge with a less than Honorable characterization of service. Potentially mitigating evidence of the existence of undiagnosed combat related PTSD, PTSD-related conditions due to TBI or sexual assault/harassment as causative

factors in the misconduct resulting in discharge will be carefully weighed against the severity of the misconduct. PTSD is not a likely cause of premeditated misconduct. Caution shall be exercised in weighing evidence of mitigation in all cases of misconduct by carefully considering the likely causal relationship of symptoms to the misconduct.

**c.** Army Regulation 15-180 (Army Discharge Review Board), dated 25 September 2019, sets forth the policies and procedures under which the Army Discharge Review Board is authorized to review the character, reason, and authority of any Servicemember discharged from active military service within 15 years of the Servicemember's date of discharge. Additionally, it prescribes actions and composition of the Army Discharge Review Board under Public Law 95-126; Section 1553, Title 10 United States Code; and Department of Defense Directive 1332.41 and Instruction 1332.28.

**d.** Army Regulation 135-178 prescribes the policies, standards, and procedures to ensure the readiness and competency of the U.S. Army while providing for the orderly administrative separation of Army National Guard of the United States (ARNGUS) and U.S. Army Reserve (USAR) enlisted Soldiers for a variety of reasons. Readiness is promoted by maintaining high standards of conduct and performance.

(1) Paragraph 2-9a prescribes an honorable characterization is appropriate when the quality of the Soldier's service generally has met the standards of acceptable conduct and performance of duty for Army personnel or is otherwise so meritorious that any other characterization would be clearly inappropriate.

(2) Paragraph 2-9b, prescribes, if a Soldier's service has been honest and faithful, it is appropriate to characterize that service as general (under honorable conditions). Characterization of service as general (under honorable conditions) is warranted when significant negative aspects of the Soldier's conduct or performance of duty outweigh positive aspects of the Soldier's military record.

(3) Paragraph 2-9c, prescribes the service may be characterized as under other than honorable conditions only when discharge is for misconduct, fraudulent entry, unsatisfactory participation, or security reasons, and under other circumstances.

(4) Chapter 13 provides explicitly for separation under the prerogative of the Secretary of the Army. Secretarial plenary separation authority is exercised sparingly and seldom delegated. Ordinarily, it is used when no other provision of this regulation applies, and early separation is clearly in the Army's best interest. Separations under this paragraph are effective only if approved in writing by the Secretary of the Army or the Secretary's approved designee as announced in updated memoranda. Secretarial separation authority is normally exercised on a case-by-case basis.

**8. SUMMARY OF FACT(S):** The Army Discharge Review Board considers applications for upgrade as instructed by Department of Defense Instruction 1332.28.

The Army Discharge Review Board considered the applicant for a possible upgrade as instructed in pertinent part by Department of Defense Instruction 1332.28, which stipulates a request for review from an applicant without an honorable discharge shall be treated as a request for a change to an honorable discharge unless the applicant requests a specific change to another character of discharge. The applicant's Army Military Human Resources Record (AMHRR), the issues, and documents submitted with the application were carefully reviewed.

## ARMY DISCHARGE REVIEW BOARD CASE REPORT AND DIRECTIVE AR20240000733

The applicant's AMHRR is void of the specific facts and circumstances concerning the events which led to the discharge from the Army Reserve. The applicant's AMHRR does contain a properly constituted discharge order: Orders 14-062-00031, 3 March 2014. The orders indicate the applicant was discharged under the provisions of AR 135-178, with an under other than honorable conditions characterization of service.

The applicant contends the applicant used marijuana once to cope through a traumatic event which caused the applicant to be depressed and fearful of losing the applicant's military career and the applicant was diagnosed with PTSD while seeking help for depression. The applicants' AMHRR is void of a mental health diagnosis. The applicant provides a medical document which reflects the applicant has a PTSD diagnosis.

The applicant states the applicant earned an Army Achievement Medal for dedication and hard work. The Board will consider the applicant service accomplishments and the quality of service according to the DODI 1332.28.

If the applicant desires a personal appearance hearing, it is his/her responsibility to meet the burden of proof and provide the appropriate documents (i.e., the discharge packet) or other evidence sufficient to explain the facts, circumstances, and reasons underlying the separation action, for the Board's consideration because they are not available in the official record.

#### 9. BOARD DISCUSSION AND DETERMINATION:

**a.** As directed by the 2017 memo signed by A.M. Kurta, the board considered the following factors:

(1) Did the applicant have a condition or experience that may excuse or mitigate the discharge? **Yes.** The Board's Medical Advisor, a voting member, reviewed the applicant's DOD and VA health records, which was void other than self-assertion of PTSD during his first VA Primary Care appointment. However, the applicant asserts trauma and PTSD prior to the misconduct, which may be sufficient evidence to establish the existence of a condition that could mitigate or excuse the discharge.

(2) Did the condition exist, or experience occur during military service? **Yes.** The applicant asserts PTSD.

(3) Does the condition or experience actually excuse or mitigate the discharge? **Unknown.** The Board's Medical Advisor applied liberal consideration and opined that due to the absence of information, there isn't enough information to assist with a firm determination. However, the Board could accept the testimony that a traumatic event occurred prior to the drug use contributing to the misconduct.

(4) Does the condition or experience outweigh the discharge? N/A

**b.** Response to Contention(s): The applicant contends the applicant used marijuana once to cope through a traumatic event. The Board considered this contention and found that the applicant was diagnosed with PTSD while seeking help for depression. The Board accepted the testimony that a traumatic event occurred prior to the drug use, thereby contributing to the misconduct.

**c.** The board determined the discharge is inequitable based on the applicant's inservice mitigating factors (length and quality) and post-service accomplishments which

## ARMY DISCHARGE REVIEW BOARD CASE REPORT AND DIRECTIVE AR20240000733

outweigh the basis of separation (misconduct – drug use). Accordingly, the board voted to grant relief in the form of an upgrade of the characterization of service to General, Under Honorable Conditions.

d. Rationale for Decision:

(1) The board voted to change the applicant's characterization of service to General, Under Honorable Conditions based on the applicant's in-service mitigating factors (length and quality) and post-service accomplishments (obtained a diploma in Industrial Systems) which mitigate the misconduct (first offense illegal use of drugs). Thus, the prior characterization is no longer appropriate.

(2) As there were no Reasons/SPD Codes/RE-codes listed on the applicant's discharge paperwork, due to being in the Army Reserves, no upgrade actions are required for these items.

## **10. BOARD ACTION DIRECTED:**

## a. Issue a New DD-214 / Separation Order: Yes

- b. Change Characterization to: General, Under Honorable Conditions
- c. Change Authority to: No Change

## Authenticating Official:

9/16/2024



AWOL – Absent Without Leave AMHRR – Army Military Human Resource Record BCD – Bad Conduct Discharge BH – Behavioral Health CG – Company Grade Article 15 CID – Criminal Investigation Division ELS – Entry Level Status FG – Field Grade Article 15 GD – General Discharge HS – High School HD – Honorable Discharge IADT – Initial Active Duty Training MP – Military Police MST – Military Sexual Trauma N/A – Not applicable NCO – Noncommissioned Officer NIF – Not in File NOS – Not Otherwise Specified

OAD – Ordered to Active Duty OBH (I) – Other Behavioral Health (Issues) OMPF – Official Military Personnel File PTSD – Post-Traumatic Stress Disorder RE – Re-entry SCM – Summary Court Martial SPCM – Special Court Martial SPD – Separation Program Designator TBI – Traumatic Brain Injury UNC – Uncharacterized Discharge UOTHC – Under Other Than Honorable Conditions VA – Department of Veterans Affairs