## UNITED STATES COAST GUARD DISCHARGE REVIEW BOARD

Docket Number: 2013-019

**Discharge Issued Character:** Honorable

Narrative Reason: Personality Disorder

SPD/RE Code: JFX / RE4

Authority of Discharge: COMDTINST M100.6A, 12.B.16

Date of Separation: 2007-09-25

**DRB** Decision

**Character:** No Change

Narrative Reason: Adjustment Disorder

SPD/RE Code: JFY / No Change

**New Authority:** No Change

## **Discharge Review Board Discussion and Decision:**

DISCUSSION:

The applicant was discharged for unsuitability with a personality disorder.

The applicant underwent a psychiatric evaluation, after the applicant's command had referred them for treatment due to overwhelming stress and anxiety in adapting to military life in the first three months at a USCG duty station immediately following boot camp. The applicant complained of harassment from shipmates and medical issues stemming from a relationship with another shipmate. These events led to uncontrollable stress and anger on a day-to-day basis. The applicant was prescribed medication for these symptoms and subsequently was ordered not to drive in this fragile mental state of mind.

Following the applicant's aforementioned psychiatrist visit, the applicant drove their vehicle into a telephone pole in a bout of anger over their personal circumstances. Thereafter, the applicant was administratively assigned to a larger support command to overcome these setbacks. The applicant obtained a government vehicle under false pretenses for a medical appointment. The Officer of the Day ordered the applicant back to the base as soon as possible. The applicant did not return to the base until two full days later.

After a thorough review, the applicant's record supports a diagnosis of adjustment disorder. However, the Coast Guard did not adopt the usage of SPD JFY, Adjustment Disorder until April of 2009, ALCOAST 252/09. The Board therefore recommends that the applicant's narrative reason for discharge be changed to "Adjustment Disorder" with SPI) code "JFY". Additionally, the board was unanimous in agreement to keep RE-4 reentry code intact due to the applicant's premeditated misbehavior, and lack of conformity to expected military rules and regulations.

Propriety: Discharge was proper. Equity: Discharge was equitable.

Final Adjudication by Assistant Commandant For Human Resources: Partial relief based on post-policy above to:

SPD code of JFY; Narrative Reason to Adjustment Disorder.

In reviewing discharges, the Board presumes regularity in the conduct of governmental affairs unless there is substantial credible evidence (to include evidence submitted by the Applicant) to rebut the presumption.