

UNITED STATES COAST GUARD DISCHARGE REVIEW BOARD

Docket Number: 2014-062

**Discharge Issued**

**Character:** Honorable

**Narrative Reason:** Weight Control Failure

**SPD/RE Code:** JCR / RE3F

**Authority of Discharge:** COMDTINST M100.6 ART 1-B-12

**Date of Separation:** 2012-04-30

**DRB Decision**

**Character:** No Change

**Narrative Reason:** No Change

**SPD/RE Code:** No Change / No Change

**New Authority:** No Change

**Discharge Review Board Discussion and Decision:**

**DISCUSSION:**

The applicant was discharged for Weight Control Failure. Prior to the separation, the member was placed on weight probation. The applicant was ordered to lose 16 pounds or 4 percent body to reach compliance with the service standard for their age group. Thereafter, the applicant was 18 pounds overweight and now 5 percent over the body fat standard. In accordance with 4.A.2 of CIM 1020.8H, the applicant failed to demonstrate reasonable and consistent progress during probation, i.e., not halfway towards compliance at the midpoint of their probationary period.

The command notified the applicant of the intent to discharge for the aforementioned reasons, at that time no objection was made, and the applicant did make a statement on their behalf. On the current application, the applicant claims to have asked for additional tape measurements and also presented the command with a third-party measurement from a civilian nutritionist which showed different measurements that met the standard.

The applicant further claims being denied the usage of the alternate measurements nor was afforded additional assessments by the Operations Petty Officer performing the duty.

The Board does note that no firm documentation or evidence was provided on the third-party nutritionist before or after the Discharge. And, no specifics on who the nutritionist was that performed those measurements. The Board finds no issues with propriety or equity in this case.

The applicant received a reentry code of RE-3, therefore, the applicant is not barred from future military service. An RE3 reentry code is not an affirmative recommendation for reenlistment, rather it represents that the applicant is not recommended for reenlistment due to a disqualifying factor. The RE3 code may be waived based upon the policies and needs of the gaining Service.

Propriety: Discharge was proper.

Equity: Discharge was equitable.

Final Adjudication By Assistant Commandant for Human Resources: Concur with Board. No relief.

In reviewing discharges, the Board presumes regularity in the conduct of governmental affairs unless there is substantial credible evidence (to include evidence submitted by the Applicant) to rebut the presumption.

