## UNITED STATES COAST GUARD DISCHARGE REVIEW BOARD

Docket Number: 2016-057

**Discharge Issued Character:** Honorable

Narrative Reason: Unacceptable Conduct

**SPD/RE Code:** JNC / RE4

**Authority of Discharge:** COMDTINST M1000.4, 1-A-15

Date of Separation: 2008-02-15

**DRB** Decision

**Character:** No Change

Narrative Reason: Adjustment Disorder

SPD/RE Code: JFY / RE3G

**New Authority:** No Change

## **Discharge Review Board Discussion and Decision:**

DISCUSSION: The Applicant was discharged with a Character of Service as Honorable and the Narrative Reason for Separation is Unacceptable Conduct.

The Applicant appeared in person. After a brief introduction, the Board President stated the roles and responsibilities of the Coast Guard Discharge Review Board (DRB). The applicant was sworn-in and gave a verbal statement. In their statement they described their time in the Coast Guard and the difficulty they faced serving under the Don't Ask Don't Tell policy. They related to the Board why they were applying to the DRB and their reasons for requesting an upgrade to his DD Form 214, specifically the Reentry Code and Narrative Reason sections. After a brief discussion and answering a few questions, the applicant was dismissed.

The Applicant did not make a statement on their behalf when they received notification of intent to discharge and they did not object to being discharged.

The Board finds no issues with propriety or equity in this case. The Applicant was diagnosed with an Adjustment Disorder with Anxiety and was recommended for an Administrative Discharge from the Coast Guard. The Board closely reviewed ALCOAST 252/09 which commenced the use of Adjustment Disorder as an official narrative reason (NR) for discharge. The applicant had no adverse behavior or other disqualifying factors. Hence, the Adjustment Disorder best describes individuals that are unable to function effectively in a military environment.

Propriety: Discharge was proper. Equity: Discharge was equitable.

Board Conclusion: The Board voted 5-0 to recommend the following partial relief based on post-policy issued in

ALCOAST 252/09.

In reviewing discharges, the Board presumes regularity in the conduct of governmental affairs unless there is substantial credible evidence (to include evidence submitted by the Applicant) to rebut the presumption.