



DEPARTMENT OF THE NAVY
BOARD FOR CORRECTION OF NAVAL RECORDS
701 S. COURTHOUSE RD
ARLINGTON, VA 22204

Docket No. 6441-25
Ref: Signature Date

From: Chairman, Board for Correction of Naval Records
To: Secretary of the Navy

Subj: REVIEW OF NAVAL RECORD OF [REDACTED]
XXX XX [REDACTED] USMC

Ref: (a) 10 U.S.C. § 1552
(b) MCO 6110.3A Change-3

Encl: (1) DD Form 149 w/enclosures
(2) Marine Corps Body Composition Worksheet, 27 Feb 24
(3) NAVMC 118(11), Administrative Remarks, 9 May 24
(4) NAVMC 118(11), Administrative Remarks, 18 Sep 24
(5) NAVMC 118(11), Administrative Remarks, 7 Nov 24
(6) Commander, Gold Team, [REDACTED] ltr Physician Letter, subj:
Body Composition Program Recommendation ICO [Petitioner], 7 Apr 25

1. Pursuant to the provisions of reference (a), Subject, hereinafter referred to as Petitioner, filed enclosure (1) with the Board for Correction of Naval Records (Board), requesting her naval record be corrected by removing three 6105 counseling entries dated 9 May 2024, 7 November 2024, and 19 September 2024, related to her assignment to the Body Composition Program (BCP). See enclosures (2) through (5).

2. The Board, consisting of [REDACTED], [REDACTED], and [REDACTED], reviewed Petitioner's allegations of error and injustice on 18 March 2026 and, pursuant to its regulations, determined the corrective action indicated below should be taken on the available evidence of record. Documentary material considered by the Board consisted of the enclosures, relevant portions of Petitioner's naval records, and applicable statutes, regulations, and policies.

3. Before applying to this Board, Petitioner exhausted all administrative remedies available under existing law and regulations within the Department of the Navy. The Board, having reviewed all the facts of record pertaining to Petitioner's allegations of error and injustice finds the following:

a. On 27 February 2024, a Marine Corps Body Composition Worksheet was completed indicating Petitioner exceeded weight and body fat percentages. See enclosure (2).

b. On 9 May 2024, a 6105 counseling entry was made in Petitioner's record concerning her assignment to the BCP. See enclosure (3).

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c. On 18 September 2024, a 6105 counseling entry was made in Petitioner's record concerning her unsatisfactory performance while assigned to the BCP. See enclosure (4).

d. On 7 November 2024, a 6105 counseling entry was made in Petitioner's record concerning her one-time extension, of six months, in the BCP, after she made reasonable progress, yet failed to comply with established weight/body composition standards. See enclosure (5).

e. In a letter dated 7 April 2025, a doctor assigned to Gold Team, [REDACTED], recommended annulling Petitioner's BCP failures and removing assignment to the BCP from her record. The doctor stated, as part of Petitioner's assignment to the BCP, she was screened in March 2024 for medical issues which could interfere with her ability to complete an assignment to the BCP. Although no issues were then found, when Petitioner was screened again, in December 2024, prior to her second assignment to the BCP, she was diagnosed with a micro-pituitary adenoma, which is a medical condition known to cause and contribute to weight gain and/or inability to lose weight without medical intervention. The doctor further stated, it was her clinical opinion, that the same condition was present during Petitioner's first assignment to the BCP but was not caught during initial screening. The doctor noted, under her post-diagnosis treatment plan, Petitioner had already lost 12.05% of her body weight, and was continuing to progress toward meeting standards. The doctor concluded that Petitioner should be removed from the BCP, pursuant to reference (b), because her weight gain resulted from a medical condition which, had she been properly diagnosed at onset, would have warranted a temporary medical exemption from weight and body fat standards. See enclosure (6).

f. Petitioner contends she was not properly diagnosed prior to assignment to the BCP, which made it unreasonable to expect her to meet standards without medical treatment.

CONCLUSION:

Upon review and consideration of all the evidence of record, the Board found the existence of material error and injustice in Petitioner's record warranting immediate relief. Specifically, the Board was convinced by enclosure (6) that Petitioner had an undiagnosed medical condition prior to her initial assignment to the BCP. Under reference (b), the Board found that Petitioner's condition would have warranted a temporary exemption from weight and body standards and allowed her the medical treatment necessary to meet standards.

RECOMMENDATION

In view of the above, the Board directs the following corrective action.

Remove enclosures (3), (4), and (5) from Petitioner's OMPF.

That any other material or entries inconsistent with or relating to the Board's recommendation be corrected, removed, or completely expunged from Petitioner's record, and no such entries or material be added to the record in the future. This includes, but is not limited to, all information systems or database entries that reference or discuss the expunged material.

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4. It is certified that a quorum was present at the Board's review and deliberations, and that the foregoing is a true and complete record of the Board's proceedings in the above entitled matter.

5. Pursuant to the delegation of authority set out in Section 6(e) of the revised Procedures of the Board for Correction of Naval Records (32 Code of Federal Regulation, Section 723.6(e)) and having assured compliance with its provisions, it is hereby announced that the foregoing corrective action, taken under the authority of reference (a), has been approved by the Board on behalf of the Secretary of the Navy.

4/2/2026

