



**DEPARTMENT OF THE NAVY**  
BOARD FOR CORRECTION OF NAVAL RECORDS  
701 S. COURTHOUSE ROAD, SUITE 1001  
ARLINGTON, VA 22204-2490

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Docket No. 6906-25  
Ref: Signature Date

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Dear Petitioner:

This is in reference to your application for correction of your naval record pursuant to Section 1552 of Title 10, United States Code. After careful and conscientious consideration of relevant portions of your naval record and your application, the Board for Correction of Naval Records (Board) found the evidence submitted insufficient to establish the existence of probable material error or injustice. Consequently, your application has been denied.

A three-member panel of the Board, sitting in executive session, considered your application on 9 July 2025. The names and votes of the panel members will be furnished upon request. Your allegations of error and injustice were reviewed in accordance with administrative regulations and procedures applicable to the proceedings of this Board. Documentary material considered by the Board consisted of your application together with all material submitted in support thereof, relevant portions of your naval record, and applicable statutes, regulations, and policies.

A review of your record shows that you enlisted in the Navy and commenced active duty on 3 September 2024. On 28 October 2024, you were evaluated by medical professionals at Recruit Training Command, █ (█), which indicated that you had a pre-service mental health diagnosis and received treatment. On 6 November 2024, Commanding Officer, █ transmitted to Navy Personnel Command a report of administrative separation stating that you were being discharged due to defective enlistment and induction based on several mental health diagnoses and a personal history of self-harm. On 18 November 2024, you were discharged with an uncharacterized characterization of service due to erroneous entry and issued an RE-3E reentry code.

In your petition, you request that your narrative reason for separation and the separation code on your Certificate of Release or Discharge from Active Duty (DD Form 214) be changed from entry-level separation due to erroneous enlistment. In support of your request, you contend that you did not lie to get in the Navy but believed you were strong enough to make it. However, you had no idea how much you would unravel, both physically and mentally, once you were in. You also stated that, during Navy basic training, you sustained bilateral stress fractures in both knees, bilateral shin splints, and a stress fracture in one of your ankles, which were not pre-existing conditions. You explained that you reported the pain but tried to push through because you did not want to be seen as weak. You further stated that, at the time, your mental health was

breaking down in a way you could not admit to yourself and that you struggled with depression before but had convinced yourself it was not serious. In further support of your petition, you provided letters of support and of recommendation, which the Board fully reviewed and considered.

The Board carefully reviewed your petition and the material that you provided in support of your petition and disagreed with your rationale for relief. In reaching its decision, the Board observed that it applies a presumption of regularity to support the official actions of public officers and, in the absence of substantial evidence to the contrary, will presume that they have properly discharged their official duties.

In your case, the Board determined that the documentary material that you provided, along with your argument in support of your requested relief, was insufficient to overcome the presumption of regularity. In particular, the 28 October 2024 report of a by a psychologist in the Recruit Evaluation Unit explained that you reported you had spoken with the chaplain daily, had been struggling with motivation to continue with training, started having thoughts of self-harm “one week ago with the most recent occurring today,” and reported you wanted to cause yourself physical pain to help with your emotional pain. The report also noted that you reported a history of depressed mood that started in 2020, which was prior to your entry in service, and that you had a prescription for an SSRI (Lexapro) in your civilian medical records. In its careful review of the entirety of your application and all of the materials that you provided, including your personal statement, mental health self-statement, service record documents, letters of reference and recommendation, as well as the document stating your intent to file a claim with the Department of Veterans Affairs (VA), the Board determined that these materials were insufficient to overcome the presumption of regularity that you were, in fact, properly evaluated and separated from service based on an erroneous enlistment due to your preexisting mental health conditions that were not disclosed to the Navy. While the Board noted your physical injuries during basic training, it observed you were not processed for separation due to those conditions. As a result, the Board was unable to find an error or injustice in your naval record. Accordingly, given the totality of the circumstances, the Board determined that your request does not merit relief.

You are entitled to have the Board reconsider its decision upon submission of new matters, which will require you to complete and submit a new DD Form 149. New matters are those not previously presented to or considered by the Board. In this regard, it is important to keep in mind that a presumption of regularity attaches to all official records. Consequently, when applying for a correction of an official naval record, the burden is on the applicant to demonstrate the existence of probable material error or injustice.

Sincerely,

7/23/2025

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