



DEPARTMENT OF THE NAVY
BOARD FOR CORRECTION OF NAVAL RECORDS
701 S. COURTHOUSE RD
ARLINGTON, VA 22204

██████████
Docket No. 2417-26
Ref: Signature Date

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Dear Petitioner:

This is in reference to your application for correction of your naval record pursuant to Section 1552 of Title 10, United States Code. After careful and conscientious consideration of relevant portions of your naval record and your application, the Board for Correction of Naval Records (Board) found the evidence submitted insufficient to establish the existence of probable material error or injustice. Consequently, your application has been denied.

A three-member panel of the Board, sitting in executive session, considered your application on 25 March 2026. The names and votes of the panel members will be furnished upon request. Your allegations of error and injustice were reviewed in accordance with administrative regulations and procedures applicable to the proceedings of this Board. Documentary material considered by the Board consisted of your application together with all material submitted in support thereof, relevant portions of your naval record, and applicable statutes, regulations, and policies.

A review of your record reveals that you enlisted in the Navy and commenced active duty on 4 December 2025. On 18 December 2025, a medical professional found that you manifested a failure to adapt to the military, diagnosed you with an adjustment disorder, and recommended that you be processed by your command for administrative separation. On 23 December 2025, you requested to be separated based on a medical condition not amounting to a disability. Thereafter, your commanding officer informed Navy Personnel Command that you were being discharged, pursuant to your request, due to a medical condition not amounting to a disability. You were so discharged with an uncharacterized entry level separation on 5 January 2026.

In your petition, you requested to have your uncharacterized discharge changed to a medical discharge and your separation code changed from JFV to JER (Disability, Other). In support of your request, you contended that there was a clear and unmistakable error by the Department of the Navy. Specifically, you asserted that you were diagnosed as being suicidal, having an adjustment disorder with mixed anxiety, and depressed mood. You also argued that you were determined to be a risk if retained and were not deployable, but you were discharged as not disabled and released with an uncharacterized separation.

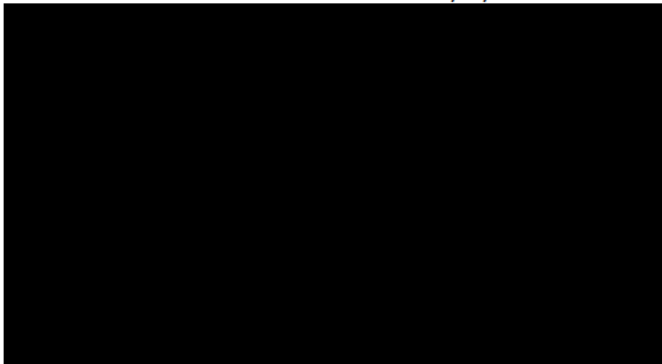
The Board carefully reviewed your petition and all of the materials that you provided with your petition, including your new matter, and disagreed with your rationale for relief. In reaching its decision, the Board observed that it applies a presumption of regularity to support the official actions of public officers and, in the absence of substantial evidence to the contrary, will presume that they have properly discharged their official duties. In your case, the Board determined that you provided insufficient evidence to overcome the presumption of regularity that your discharge was proper. The Board further noted that it was unable to find any evidence to support that there was an error or an injustice in the fact that, shortly after joining the Navy, you were promptly diagnosed with an adjustment disorder, which is a condition that is considered not to be a disability, and that you were thereafter promptly separated.¹ The Board also considered that, in your letter dated 23 December 2025, you requested to be discharged “based on the medical condition for which my attending physician believes to exist but does not amount to a disability per Navy guidance.” In light of the foregoing, the Board was unable to find an error or injustice in your naval record.

Accordingly, given the totality of the circumstances, the Board determined your request does not merit relief.

You are entitled to have the Board reconsider its decision upon submission of new matters, which will require you to complete and submit a new DD Form 149. New matters are those not previously presented to or considered by the Board. In this regard, it is important to keep in mind that a presumption of regularity attaches to all official records. Consequently, when applying for a correction of an official naval record, the burden is on the applicant to demonstrate the existence of probable material error or injustice.

Sincerely,

4/10/2026



¹ The Board noted that, under Department of War guidelines, an adjustment disorder is defined as a “condition, not a disability” unless it is diagnosed as a chronic adjustment disorder. The Board considered that you were not diagnosed with a chronic adjustment disorder (likely due to your limited active duty service) by the clinical psychologist and psychiatrist that made your diagnosis.